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GastroHepatology Foundation IBD Interest Group Meeting

Saturday 6th December 2025
Vineyard Hotel, Cape Town

PROGRAMME

WELCOME

Welcome to the 19th IBD interest group meeting.

It is a testament to the commitment and excellence of the IBD unit at the University of Cape Town under the leadership of Gill Watermeyer that we are hosting our 19th IBD interest group meeting this year.

Over the years Gill has shown unconditional commitment to the Foundation and has excelled as a teacher, researcher and as a mentor.

The quality of the IBD programs that she arranges is proof of her skills combining relevant and current topics with day to day challenges we all face in our IBD clinics. Added to this is the utmost scrutiny and respect for evidence based decision making. Thank you Gill.

And my thanks too to Bini and Juliet for their contributions to the Foundation and for the seamless organizing year after year.

And of course, to all the attendees and our sponsors for your support.

All good wishes for the holidays and the New Year.

Best to you all,



Chris Kassianides
Chairman

The Gastroenterology Foundation of Sub-Saharan Africa Mission Statement

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa.

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.

PROGRAMME

08:30 Registration and refreshments

08:45 Welcome and introduction Prof Chris Kassianides

Chair: Prof Adam Boutall and Prof Mashiko Setshedi

09:00 IBD surgery update Dr Daniel Surridge

9.25 Case of complicated UC Dr Neo Seabi

9.50 The new global guidelines: pregnancy and IBD Prof Gill Watermeyer

10:15 Colorectal cancer surveillance in IBD-colitis Dr Eduan Deetlefs

10.40 Case of complicated CD Prof Dion Levin

11.05 – 11.50 Brunch

Chair: Dr Neo Seabi and Dr Shiraaz Gabriel

11.50 Targeted small molecules in IBD Dr Naayil Rajabally

12.15 Approach to IBD Spondyloarthropathy – Case presentation with a practical approach to diagnosis and management Dr Nasief van der Schyff

12.40 How do we communicate risk and benefit to our patients? Sr Karin Davidson

13.05 IBD-Africa: an update Dr David Epstein

13.30 Close

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