The Gastro Foundation recognises and is grateful for the contribution of an educational grant from the following to fund this meeting.

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**Pledges**

**Platinum : over R5 Million**
- AstraZeneca

**Gold : R1 Million – R5 Million**
- Abbvie
- Bristol Myers Squibb Foundation
- Gilead
- Janssen
- Medtronic
- Takeda

**Silver : R500 000 – R1 Million**
- Colon Cancer Trust
- Dr Reddy’s
- Equity
- Ferring
- Olympus
- Roche
- Sandoz

**Bronze : R 100 000 – R500 000**
- Adcock Ingram
- Aspen
- Boston Scientific
- Cipla
- Lifht
- Novartis
- Surgical Innovations

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**Supporting gastroenterology for the future**

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**10th Gastro Foundation Weekend for Fellows**

Friday 1 - Sunday 3 February 2019

Spier Hotel & Conference Centre, Stellenbosch

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**Organisers**

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This year we celebrate the 10th anniversary of the Spier Postgraduate Course for Fellows, a milestone in the history of the Gastroenterology Foundation of sub Saharan Africa (SSA) and the highlight of all that the Gastro Foundation hosts annually. It is the meeting that sets off our annual activities and of all the meetings the meeting with the most “good feel” factor. Why is this? We ask ourselves at the end of the Spier meeting in February every year. The answer probably lies in the mentoring that is strongly associated with the Foundation and particularly with the Spier meeting - the sharing, unconditionally of knowledge, skills and experience assisting our young fellows to progress in their own lives and careers. It is the trait that personifies me personally, and that which the trustees and all those associated with the Foundation, have over many years shown consistent and exemplary commitment and dedication.

Professor Mike Kew, Emeritus Professor of Medicine, recently acknowledged in a Foundation facilitated Festschrift published in the SAMJ in November 2018, has been an exceptional mentor to many post graduate fellows and from whom I have personally benefitted from immensely.

Jake Krige and Sandie Thomson, passionate and devoted Trustees to the Spier meeting steered the meeting’s course solidly over 10 years and held anchor. Jose Ramos and Reid Ally added skills and Ed Jonas brought in a fresh vitality, my thanks to all. Now we introduce fresh vigour to the Foundation and welcome Gill Watermeyer as a Trustee.

The Spier meeting, held early in February every year, has proven to be a popular event for all Gastroenterology and Hepatology fellows and Paediatric fellows in training. Twenty five fellows attended the first Spier meeting held in 2010. This year we have invited 45 South African fellows and 6 SSA fellows, of which 18 fellows will be attending for the first time.

Many of our fellows are now able to return to Spier as faculty and will join the Spier program in the next few years. We have held Spier-like meetings for SSA fellows in Lagos and in Addis Ababa.

Over the past 12 years, the Foundation has raised over R35 million (approximately $2M USD) in the form of donations from pharmaceutical and device companies. The Foundation has sponsored 20 research grants, 102 travel awards for international travel and 415 for local travel, and has awarded three international scholarships, one to Brown University in the USA and two to Oxford University.

Early on in its tenure, the Foundation began a close collaboration with several international societies beginning with the AGA and over the years this has evolved into successful collaborations with EASL, UEGW, ASGE, AMAGE, IASL and WGO and more recently the AASLD, bringing their respective postgraduate courses to South Africa and SSA.

Since 2015, the Foundation has initiated academic programs in Africa by hosting meetings in Nigeria, Ghana, Ethiopia and Northern Sudan.

In November 2018 through the network of SSA countries the Foundation has established GHASSA – the Gastroenterology and Hepatology Association of sub Saharan Africa, an effective way of coordinating gastroenterologists and hepatologists and their respective societies from various countries in SSA. I am confident that this organization will, over the years, evolve into a strong and effective association in SSA.

Karin Fenton has provided unconditional personal assistance and organizational excellence with all our activities, and particularly with the Spier meeting, ably supported by Bini Seale and Juliet Desilla at Cornucopia. They have all assisted with the Foundation from its inception and my grateful thanks to them for making the Spier meeting the success it is today.

Grateful thanks to the trade – pharmaceutical and device companies, for their commitment and consistent support.
Gastro Foundation Weekend for Fellows : 2019 faculty

International Visitor
Prof Gerhard Rogler

Invited Speakers
Dr JP Landman
Dr Ibrahim Mayaki

Prof Dr Reid Ally
Dr Jean Botha
Dr Galya Chinnery
Ms Anna-Lena du Toit
Dr Liz Goddard
Prof Eduard Jonas
Dr Dion Levin
Prof Jose Ramos
Prof Penny Rose
Prof Sandie Thomson

Gerhard Rogler (22.07.1963) received his approbation as physician and M.D. degree from the University of Ulm, Germany in 1992 and his Ph.D. degree after studying philosophy in Ulm and Augsburg, Germany in 1996. After an internship (Dept. of Internal Medicine II, University of Ulm) from 1991 to 1992 he was a postdoctoral fellow between 1992 and 1994 at the Institute of Clinical Chemistry and Pathobiology, University of Regensburg (Director Prof. Dr. Gerd Schmitz). In 1994 he changed back to Internal Medicine to the Department of Internal Medicine I, University of Regensburg (Director Prof. Dr. Jürgen Schönleber) to work as a clinical and research fellow. After receiving his Internal Medicine Boards in 1999, Gerhard Rogler became attending physician and senior lecturer. He concluded the work on his Habilitation thesis in 1999.

In the same year he received a prestigious Heisenberg Stipendium of the Deutsche Forschungsgemeinschaft. From 2000 to 2001 Gerhard Rogler was Visiting Scholar at the Center of Molecular Medicine, University of San Diego, San Diego California in the laboratory of Prof. Dr. C. Glass. In 2003 Gerhard Rogler became associate professor and head of the Div. of Gastroenterology and Hepatology at the University of Regensburg, Germany. Since 2007 he is full professor of Gastroenterology and Hepatology at the University of Zürich. He has built up a center for IBD treatment and research. His fields of research are mucosal inflammation, innate immunity, IBD, intestinal fibrosis, inflammation associated colon cancer. GvHD Gerhard Rogler has published more than 440 Pubmed-listed manuscripts with a cumulative impact factor of > 3000, has more than 15,000 citations and a h-index of 61. He received numerous awards such as the “Honorary Award 2013” of the Swiss Gastroenterology Society, SGG, the LeVallant award in 2015 and the honorary membership of the South African Society of Gastroenterology (SAGES) in 2013. Gerhard Rogler is Head of the Scientific Committee of the European Crohn’s and Collitis Organization (ECCO) and member of the International Organization of IBD Research (IOIBD).

JP Landman is a self-employed analyst on political-economic trends. He focuses on trends in politics, economics, demography and social capital.

In 2015 he was appointed by the President as a member of the National Planning Commission for a period of five years; he is a visiting professor at the University of the Free State; and consults to Nedbank Private Wealth, one of SA’s largest private wealth managers.

In 2013 he was elected a Public Policy Fellow at the Woodrow Wilson Centre for International Scholars in Washington DC and he spent four months in the US.


He has a BA LLB from Stellenbosch University (1978), studied Economics at Harvard (1998 and again in 2005), and obtained a MPhil in Future Studies (cum laude) from Stellenbosch (2003). In 2009 he completed a course at Oxford University Continuing Education on the economies of the BRIC countries (Brazil, Russia, India & China).

Dr. Ibrahim Assane Mayaki, CEO of the New Partnership for Africa’s Development (NEPAD) Planning and Coordinating Agency (NEPAD) Planning and Coordinating Agency and former Prime Minister of Niger (1997-2000). He has a Master's degree from the National School of Public Administration (ENAP) of Quebec, Canada, and a PhD in Administrative Sciences of the University of Paris 1. In 2000, he created the Public Policy Analysis Circle (Cercle d'analyse des politiques publiques), a think tank focusing on health and education policy.

He was appointed by UN Secretary General Ban Ki-moon to serve as member of the Lead Group of the Scaling Up Nutrition (SUN) Movement and was also appointed as an Independent Team of Advisors (ITA) at the United Nations Economic and Social Council (ECOSOC) Bureau. He received many honorary decorations for his commitment in Agriculture, from Government of France, the Indian Council of Food and Agriculture, and also received the 2017 Prince Albert II of Monaco Foundation "Water" Award. He was awarded by the President of the Japan International Cooperation Agency (JICA) for his exceptional contribution to Africa’s development.
FRIDAY 1 February 2019

10.00 Welcome : Prof Chris Kassianides, Gastro Foundation  
Chair: Prof Sandie Thomson
Top Tips and latest developments
10.15 Foreign bodies & chemical burns of the oesophagus  
Prof Gerhard Rogler
10.30 Approach to dysphagia  
Dr Galya Chinnery
10.45 Pancreatic cysts  
Prof Eduard Jonas
11.00 Treat to Target in IBD  
Prof Gerhard Rogler
11.15 An approach to NETS  
Dr Dion Levin
11.30 H Pylori in 2019  
Dr Bilal Bobat
11.45 Primary Sclerosing Cholangitis  
Dr Adam Boutil
12.00 Polyposis syndromes  
Prof Gill Watermeyer
12.15 Medical management chronic pancreatitis  
Prof Reid Ally
12.30 LUNCH / MOSQUE
Chair: Prof Mashiko Setshedi
Chair: Prof Jake Krige
General HPB & foregut (for Physicians and Colorectal Surgeons)
14.15 Conventional therapy in IBD  
Prof Gerhard Rogler
14.30 Functional GI disorders  
Prof Jake Krige
14.45 Severe Crohn’s disease  
Prof Sandie Thomson
15.00 Chronic constipation  
Dr Galya Chinnery
15.15 Interpreting LFT’s  
Prof Jose Ramos
15.30 TEA
Chair: Prof Reid Ally
16.00 TDM and serology in IBD  
Prof Eduard Jonas
16.15 Chronic diarrhoea  
Prof Mashiko Setshedhi
16.30 Dyspepsia  
Prof Reid Ally
17.00 BREAK (photographs, compulsory for all please)
18.00 Team Quiz : Quizmasters Prof Sandie Thomson & Prof Jake Krige
19.00 DINNER on the conference venue veranda

SATURDAY 2 February 2019

06.30 Early morning walk / run  
BREAKFAST
08.30 Endoscopy quiz - Dr David Epstein and Dr Galya Chinnery
09.30 Introduction to Bases - Prof Jake Krige

Mission Statement
The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa. It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduates education of Gastroenterology trainees by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.