Pledges

Platinum: over R5 Million
- AstraZeneca
- Takeda

Gold: R1 Million – R5 Million
- Abbvie
- Bristol Myers Squibb Foundation
- Gilead
- Equity
- Janssen
- Medtronic
- Olympus

Silver: R500 000 – R1 Million
- Colon Cancer Trust
- Dr Reddy’s
- Ferring
- Roche
- Sandoz

Bronze: R100 000 – R500 000
- Adcock Ingram
- Aspen
- Cipla
- Litha
- Novartis
- Surgical Innovations

The Gastro Foundation recognises and is grateful for the contribution of an educational grant from the following to fund this meeting

11th Gastro Foundation Weekend for Fellows
Friday 17 - Sunday 19 January 2020
Spier Hotel & Conference Centre, Stellenbosch

Supporting gastroenterology for the future
The Gastroenterology Foundation

Last year we celebrated the 10th anniversary of the Spier Postgraduate Course for Fellows, a milestone in the history of the Gastroenterology Foundation of sub-Saharan Africa (SSA) and the highlight of our annual Scientific Meeting. The Spier meeting, held early in the first part of every year, has proven to be a popular event for all Gastroenterology and Hepatology fellows and Paediatric fellows in training. Twenty five fellows attended the first Spier meeting held in 2010. This year we have invited 26 South African fellows and 16 SSA fellows, of which 14 fellows will be attending for the first time. Many of our fellows are now able to return to Spier as faculty and will join the Spier programme in the next few years. We have held Spier-like meetings for SSA fellows in Lagos and in Addis Ababa.

Over the past 14 years, the Foundation has raised over R40 million (approximately $3M USD) in the form of donations from pharmaceutical and device companies. The Foundation has sponsored 20 research grants, 102 travel awards for international travel and 415 for local travel, and has awarded three international scholarships, one to Brown University in the USA and two to Oxford University.

Early on in its tenure, the Foundation began a close collaboration with several international societies beginning with the AGA and over the years this has evolved into successful collaborations with EASL, UEGW, ASGE, AMAGE, IASL and WGO and more recently the AASLD, bringing their respective postgraduate courses to South Africa and SSA.

Since 2015, the Foundation has initiated academic programs in Africa by hosting meetings in Nigeria, Ghana, Ethiopia and Northern Sudan and in November 2018, through the network of SSA countries the Foundation has established GHASSA—the Gastroenterology and Hepatology Association of sub-Saharan Africa, was announced, which is proving to be an effective way of coordinating gastroenterologists and hepatologists and their respective societies from various countries in SSA. I am confident that this organization will, over the years, use the foundation we are establishing, to evolve into a strong and effective association in SSA.

Endoscopic workshops are now included in our meetings both in SA and SSA. A generous grant from Olympus Pharmaceuticals, for the upgrading of endoscopic equipment has enabled the establishment of a SA reference Endoscopy unit at the Grooto Schuur Hospital (GSH) in Cape Town, which will facilitate endoscopy training and upskilling for all SSA endoscopists. The Foundation will use money from this proposed grant to facilitate the training of SSA gastroenterologists at the GSH and for endoscopic upskilling. The Best of the annual ASGE postgraduate course held in SA and SSA has proved to be a useful endoscopic teaching course and all fellows benefit from a gastro foundation funded 3 year free membership to the ASGE which allows fellows access to the monthly journal and free online access to the comprehensive endoscopic teaching aids. Training of all GI/Hepatology clinicians and fellows in abdominal ultrasound for both liver and gut related diseases, including IBD will begin in 2020 and is proving to be an important non-invasive diagnostic modality for clinicians in SSA. Recently, the WEO (World Endoscopy organization) has shown interest in the Foundation and in establishing a SSA WEO committee with the aim of providing mentorship, support and post graduate courses to assist in all aspects of endoscopy training.

An important advance for SSA training is the establishment of Project ECHO (Extension for Community Healthcare Outcomes) developed in New Mexico - democratisation of medicine in order to train primary care physicians in the care of patients with complex diseases through a form of telemedicine. A generous donation of ZAR 3 Million from Gilead Sciences Pharmaceuticals has facilitated the initiation of ECHO programs from SA to Ghana, Ethiopia and Nigeria facilitating the screening and treatment of viral hepatitis. ECHO programs for all SSA GI and Hepatology subspecialty education programs, including the teaching of endoscopy using ECHO are planned.

Finally, an important and recent breakthrough has been direct representation of the Foundation’s activities to AUDA-NEPAD (The African union) in Addis Ababa. This allows interaction with Governmental and NGO’s in the implementation of all our programs in SSA beginning with the elimination of viral hepatitis in SSA and the institutionalization of maternal Hepatitis B birth dose vaccine for all children born in SSA.

Grateful thanks to the trade – pharmaceutical and device companies, for their commitment and consistent support.

Chris Kassianides
Chairman
If you are not rushing to catch a plane, please do stay for a picnic lunch.

Our thanks to SANDOZ, SURGICAL INNOVATIONS & Takeda.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Chair</th>
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<tbody>
<tr>
<td>08:30</td>
<td>'Elvis has left the building - and so will you'</td>
<td>Prof Jean Botha</td>
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<tr>
<td>10:00</td>
<td>Patient Blood Management: mini symposium</td>
<td>Prof Vernon Louw</td>
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<tr>
<td>11:00</td>
<td>Interactives Cases (20 mins each)</td>
<td>Prof Eduard Jonas</td>
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<tr>
<td>11:30</td>
<td>Interactive Cases (20 mins each)</td>
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<tr>
<td>12:00</td>
<td>Feedback &amp; Close</td>
<td>Dr Bilal Bobat</td>
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Dr Anthony Beeton is an anaesthetist in private practice in Johannesburg. He is the Principal transplant anaesthetist at Wits Donald Gordon Medical Centre. His special interests lie in solid organ transplantation and major abdominal malignancy surgery. He is co-ordinator of patient blood management programme at WDGMC, and is chairman of the SA Society of Anaesthetists Gauteng Branch.

Prof Vernon Louw is Chair and Head Division Clinical Haematology at the University of Cape Town. After graduating cum laude, he spent three years at the Katholieke Universiteit Leuven in Belgium in Clinical Haematology. In 2011, he obtained his Ph.D. in Health Professions Education at the University of the Free State. He is a member of, inter alia, the American Society of Hematology (ASH), the International Society of Haematology (ISH), the European Haematology Association (EHA), and the African Society for Blood Transfusion (ASBT). He serves on the editorial board or as reviewer for a number of national and international medical journals. He has served on the scientific and organising committees of a number of national and international conferences. Together with his team, he developed the first Anglophone Postgraduate Diploma and Master’s Degree Programmes in Transfusion Medicine in Africa.
FRIDAY 17 January 2020

10:00 Welcome: Prof Chris Kassianides
   Chair: Prof Jake Krige
   Top Tips and latest developments

10:15 An approach to bowel obstruction
   Dr Adam Boutall
   Prof Jose Ramos
   Dr Bilal Bobat

10:30 Update on evidence-based guidelines in the diagnosis and therapy of chronic pancreatitis (CP)
   Prof Eduard Jonas
   Dr Bilal Bobat
   Prof Mashiko Setschedi

11:00 Managing the patient with chronic nausea and vomiting
   Prof Jean Botha
   Prof Gill Watermeyer
   Dr Adam Boutall

11:15 Approach to the patient with liver associated enzyme abnormalities
   Prof Mashiko Setschedi
   Prof Jean Botha
   Prof Reid Ally

11:30 Liver transplant – indications for referral and workup
   Prof Mashiko Setschedi
   Prof Jean Botha

11:45 Managing the patient with chronic nausea and vomiting
   Dr Bilal Bobat
   Prof Mashiko Setschedi

12:00 Approach to the patient with liver associated enzyme abnormalities
   Prof Jean Botha
   Prof Mashiko Setschedi

12:15 Approach to the patient with liver associated enzyme abnormalities
   Prof Mashiko Setschedi
   Prof Jean Botha

12:30 LUNCH / MOSQUE
   Chair: Prof Mashiko Setschedi
   General (for physicians and colorectal surgeons)
   Chair: Prof Jake Krige
   HPB & foregut (for HPB and upper surgeons)

14:15 A liver disease and pregnancy
   Prof Reid Ally
   Dr Adam Boutall
   Prof Jose Ramos
   Dr Galya Chinnery

14:30 An approach to non-cardiac chest pain
   Prof Reid Ally
   Dr Adam Boutall
   Prof Jose Ramos
   Dr Galya Chinnery

14:45 Anal disorders
   Dr Adam Boutall
   Dr Galya Chinnery
   Prof Reid Ally
   Dr Galya Chinnery

15:00 FMT and the GIT
   Prof Mashiko Setschedi
   Dr Adam Boutall
   Prof Jose Ramos
   Dr Galya Chinnery

15:15 IBD therapy beyond anti TNF’s
   Prof Gill Watermeyer
   Dr Neo Seabi
   Dr Galya Chinnery

15:30 TEA

16:00 Suspicious rectal polyps
   Dr Marc Bernon
   Prof Reid Ally
   Dr Adam Boutall

16:15 An approach to fatty liver disease – what can we offer
   Prof Wendy Spearman
   Prof Reid Ally
   Prof Jose Ramos

17:00 Check in to hotel
18:00 Team Quiz - Quizmasters Prof Jake Krige & Prof Eduard Jonas
19:00 Dinner on the conference venue veranda

SATURDAY 18 January 2020

06:30 Early morning walk / run
   Breakfast
08:30 Endoscopy quiz
   Dr David Epstein & Dr Galya Chinnery
09:30 Introduction to Bases
   Prof Jake Krige

09:45 Base 1
   Prof Reid Ally & Prof Mashiko Setschedi
   Gastroenterology cases
09:45 Base 1
   Dr Ronaldo de Lacy
   Inherited Metabolic Diseases

10:45 TEA
   Dr David Epstein
   Prof Reid Ally
   Prof Jose Ramos

11:00 Base 2
   Dr Bilal Bobat & Prof Chris Kassianides
   Liver and other cases
   Dr Prof Rob Brown
   Paediatric surgery

12:00 Base 3
   Prof Gill Watermeyer & Dr Neo Seabi
   IBD
   Dr Etienne Nel
   Clinical nutrition

13:00 LUNCH (and group photo)

14:00 Base 4
   Prof Reid Ally & Prof Mashiko Setschedi
   Gastroenterology cases
   Dr Liz Goddard
   Paediatric Liver Disease

15:00 Base 5
   Prof Wendy Spearman & Dr Bilal Bobat
   Liver and other cases

16:00 TEA

16:15 Base 6
   Prof Gill Watermeyer & Dr Neo Seabi
   IBD
   Dr Silvia Strobele
   Miscellaneous cases

16:45 Introduction : Prof Jake Krige
   Guest lecture : Prof Jonathan Jansen
   Distinguished Professor of Education, University of Stellenbosch
   The dilemmas of race in medical science research

19:00 Dinner : Spier Hotel

Mission Statement
The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa. It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience. In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa. Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.