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IBD Interest Group Meeting

Supporting Gastroenterology and
Hepatology for the Future

PROGRAMME | Saturday, 1 August 2026

NH Sandton Hotel, Sandton, Gauteng

IBD Interest Group Meeting



Professor Chris Kassianides is the Founder and Chairman of the Gastroenterology Foundation of South Africa. An internationally trained gastroenterologist based in Johannesburg, he is deeply committed to advancing education and mentoring the next generation of specialists in gastroenterology and hepatology



WELCOME NOTE

Welcome to the IBD Interest Group Meeting!

It is a great pleasure to welcome you all to our 20th Anniversary and 20th IBD Interest Group Meeting, hosted by the Gastroenterology Foundation of Sub-Saharan Africa.

Thank you to our new team of "IBD-ologists" Nasief van der Schyff, Neo Seabi, and Didintle Mokgoko who have put together an excellent program.

My sincere thanks also go to our sponsors, as well as to Bini and Juliet for all their invaluable assistance.

We look forward to welcoming you to the NH Sandton Hotel, and a warm welcome to all those joining us online.

Best regards,

Professor Chris Kassianides
Chairman

MISSION STATEMENT

The Gastroenterology Foundation of South Africa was established in 2006 with the aim of contributing towards the continuing medical education of Gastroenterologists and Hepatologists in South and Sub-Saharan Africa.

It is autonomous directed by a group of trustees chosen from a broad spectrum of academic experience.

A major focus is an annual Fellows post graduate meeting held over 3 days where all fellows in training, both medical and surgical, are invited to attend.

The Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad.

In addition we host and facilitate and a number of interest group meetings annually updating all those interested in Gastroenterology and Hepatology on recent advances in these specialties.

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08:30 - 08:45

REGISTRATION AND REFRESHMENTS

08:45 - 09:00

Welcome and introduction

Prof Chris Kassianides

Chair | Dr Nasief van der Schyff and Dr Vikash Lala

09:00 - 09:20

Herpes Zoster and Shingrix vaccination in IBD therapy

Dr Tari Papavarnavas | *Virtual*

09:20 - 09:40

Drug-drug interactions in IBD therapy

Dr Neo Seabi

09:40 - 10:00

IUS in IBD: Diagnostic utility

Dr Heba Al-Farhan | *Virtual*

10:00 - 10:20

IUS in IBD: From probe to practice

Dr Didintle Mokgoko

10:20 - 10:40

IL-23 inhibitors – evolving treatment paradigms in IBD

Prof Gill Watermeyer | *Virtual*

10:40 - 11:00

Paediatric IBD in Johannesburg, a descriptive cohort study

Dr Nouraine Yachad

11:00 - 11:30

BRUNCH

Chair | Dr Didintle Mokgoko and Prof Chris Kassianides

11:30 - 12:00

IBD-related strictures – endoscopic management

Dr Vikash Lala

12:00 - 12:20

Appendicectomy in UC:
Emerging evidence and surgical perspectives

Dr Daniel Surridge

12:20 - 12:45

Issues encountered in pouch disease

Dr Vuyo Soldati

12:45 - 13:45

Ethics of access to advanced therapy in IBD
– funding inequities

Dr Nasief van der Schyff

13:45

Closing remarks

Dr Nasief van der Schyff

Participants will receive CPD points for attending this accredited programme