



17th **Gastro Foundation Weekend for Fellows**

Supporting Gastroenterology and
Hepatology for the Future

PROGRAMME | Friday 17 to Sunday 19 April 2026

Lord Charles Hotel, Somerset West, South Africa

WELCOME NOTE

17th Gastro Foundation Weekend for Fellows



Professor Chris Kassianides is the Founder and Chairman of the Gastroenterology Foundation of South Africa. An internationally trained gastroenterologist based in Johannesburg, he is deeply committed to advancing education and mentoring the next generation of specialists in gastroenterology and hepatology

This year we celebrate 20 years since the Foundation was founded and it is a year of thanks. Thank you to all that have contributed to its success over the last 20 years. I am grateful to the Fellows and colleagues who attend our teaching programs, the faculty who teach and to the trustees who guide all the initiatives.

My thanks to the industry who have contributed financially and to those that have contributed in their personal capacity. We have raised close to 65 million rand over the 20 years and the funders continue to show unconditional support year in and year out.

In addition, we celebrate the quintessential values of the Foundation - the creation of a platform enabling mentors to interact with mentees and henceforth to encourage mentees to develop into mentors - completing the cycle.

My personal thanks to the retiring trustees who leave us in their capacity and who were pivotal in laying the principles which have guided the Foundation's success. I sincerely hope you will continue to be a part of our activities. We welcome the new trustees Mashiko Setshedi, Bilal Bobat and Vikash Lala and wish them success.

My thanks to Karin Fenton for the administrative support in the initial years and to Cheryl Valentine who runs the ECHO programs. And to Bini who has been with me from the start, and aided by Juliet Desilla

May the Foundation go from strength to strength, and long may it last.

Professor Chris Kassianides
Chairman

MISSION STATEMENT

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa.

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.



FACULTY

Prof Reid Ally
Dr Brendan Bebington
Prof Marc Bernon
Dr Bilal Bobat
Prof Adam Boutall
Dr Shiela Brock
Dr Tim de Maayer
Prof John Devar
Dr Ernst Fredericks
Prof Eduard Jonas
Dr Thania Kahn

Prof Chris Kassianides
Dr Vikash Lala
Ms Aamina Latiff
Ms Madeleine Le Feuve
Prof Dion Levin
Dr Nsizwenye Ntokozo Mkhwanazi
Dr Didintle Mokgoko
Dr Des Moodley
Dr VG Naidoo
Dr Nisha Naka
Dr Lindo Radebe

Prof Jose Ramos
Dr Matt Scriba
Prof Mashiko Setshedi
Prof Mark Sonderup
Prof Wendy Spearman
Prof Sandie Thomson
Prof Gill Watermeyer

FELLOWS & TEAMS

HPB SURGEONS

- Dr Mohanned Omer Abass Abdelrahman
- Dr Pacifico Apai
- Dr Jill Haug
- Dr Zuhair Babiker Ahmed Mohammed
- Dr Nontoko Ndlovu
- Dr Osemudiamhen Okharedia
- Dr Mohamed Quraish Patel
- Dr Samuel Wanjara Wachera

COLORECTAL

- Dr Mohammed Alkhanbouli
- Dr Charles Baggott
- Dr Mohammed Musa Brema Idress
- Dr Fatima Jouhar
- Dr Mohammad El Hassed Nathire
- Dr Nana-Akua Osei-Kuffour
- Dr Muzaffar Parker
- Dr Nicole Van der Westhuizen
- Dr Paul Willemse

PAEDIATRIC GASTROENTEROLOGY

- Dr Joyce Akinseinde
- Dr Nouraine Goga
- Dr Fatima Khan
- Dr Marwa Mahdi

PHYSICIANS

- Dr Barend Basson
- Dr Mohamed Yarow Farah
- Dr Nadirah Goolam
- Dr Hsin-Chi Huang

PHYSICIANS

- Dr Patrick Nachipo
- Dr Camagu Potelwa
- Dr Godknows Shamhuyashe
- Dr Yaaseen Sungay
- Dr Jack Rubahimbya Turyahikayo

PHYSICIANS

- Dr Umar Jacobs
- Dr Aqeela Moosa
- Dr Adam Matthew Woodford
- Dr Lillian Nthenya Musyoka

Fellows are grouped into colour-coded teams for the event as follows:

Physicians: **green orange purple**

HPB Surgeons: **red**

Colorectal: **blue**

Paediatric Gastroenterology: **pink**

**SAGES ULTRASOUND
HANDS ON COURSE**
for the Physicians

HANDS ON SESSION
ERCP Simulator
for the Surgical fellows

HANDS ON SESSION
Colonoscopy
for the Colorectal fellows

● Venue: Somerset 3 Room

● Venue: Vergelegen Room

● Venue: Cloetenberg Room

09:00

ARRIVAL , REGISTRATION AND REFRESHMENTS

09:30

**Medical Fellows to attend
the Ultrasound presentation**
- Prof VG Naidoo
- Mr Wesley Abboy

Facilitators:
- Prof Marc Bernon
- Prof Eduard Jonas

Facilitators:
- Prof Adam Boutall
- Dr Vikash Naidoo

09:45

**Hands-on sessions
3 GROUPS:
Liver, Pancreas & Intestinal**
(Groups rotate every 25 minutes)

SAGES faculty:
- Dr VG Naidoo
- Dr Ernst Fredericks
- Dr Didintle Mokgoko

Ultrasound facilitators:
- Dr Sheila Brock
- Ms Madeleine Le Feuvre
- Ms Aamina Latiff

11:00

TEA BREAK

11:15

**Hands on Ultrasound
workshop** Continues

Hands on workshop
Continues

Hands on workshop
Continues

12:45

Feedback session
– Dr VG Naidoo

13:00

LUNCH IN THE COURTYARD RESTAURANT AND PRAYERS

13:00

LUNCH IN THE COURTYARD RESTAURANT AND PRAYERS

13:50

Welcome and logistics | Prof Mashiko Setshedi & Prof Eduard Jonas | Venue: Somerset 2

Venue: Somerset 1 Room

14:00

Delegates may move between the two rooms/venues to choose the preferred presentation (14 min talk, 1 min swap over)

CHAIR: Prof Eduard Jonas

1. **An approach to duodenal adenomas**
- Prof Eduard Jonas
2. **Who should not get anti-Reflux surgery?**
- Dr Matt Scriba
3. **Management of CRC with synchronous liver metastases**
- Prof Jose Ramos
4. **Endoscopic & percutaneous interventions for PSC**
- Prof John Devar

Venue: Somerset 2 Room

Delegates may move between the two rooms/venues to choose the preferred presentation (14 min talk, 1 min swap over)

CHAIR: Prof Mashiko Setshedi

1. **The acutely dilated colon on AXR**
- Prof Gill Watermeyer
2. **Colorectal Hereditary Colorectal Syndromes**
- Prof Adam Boutall
3. **Refeeding Syndrome**
Prof Dion Levin
4. **Upper GIT Barrett's oesophagus**
- Dr Matt Scriba

15:00

Discussion with faculty

Discussion with faculty

15:30

TEA BREAK

16:00

CHAIR: Prof Jose Ramos

1. **LPSC - Current Overview**
- Prof Mark Sonderup
2. **The role of Appendicectomy in Ulcerative Colitis**
- Dr Nsizwenye Ntokozo Mkhwanazi
3. **The NET effect: a fellows intro to Gastric NETs**
- Dr Didintle Mokgoko
4. **The way we treat HCC**
- Prof Marc Bernon

CHAIR: Prof Reid Ally

1. **Sometimes I'm hot and sometimes I'm cold: Navigating the rigors of polypectomy**
- Dr Vikash Lala
2. **Endoscopic and radiological interventions for portal hypertension**
- Prof Marc Bernon
3. **How to interpret LFTs**
- Prof Wendy Spearman
4. **Colorectal Surgery For Crohn's Disease**
- Dr Brendan Bebington

17:00

Discussion with faculty

Discussion with faculty

17:30

Hotel check in

18:00

Refreshments

18:15

Introduction to team build | Prof Eduard Jonas
Quiz | Prof Dion Levin & Prof Adam Boutall

19:15

DINNER IN THE COURTYARD RESTAURANT

PHYSICIANS

COLORECTAL

HPB

PAEDIATRICS

BASE 1

Gastroenterology cases
 Prof Reid Ally
 Prof Mashiko Setshedi

BASE 2
IBD

Prof Gill Watermeyer
 Dr Thania Kahn

BASE 3

Liver and other cases
 Dr Bilal Bobat
 Prof Wendy Spearman
 Prof Mark Sonderup

BASE 4

Endoscopy station
 Dr Vikash Lala
 Dr Didintle Mokgoko

BASE 5

Ph Manometry
 Dr Matt Scriba
 Dr Des Moodley

BASE 6

Colorectal
 Prof Adam Boutall
 Prof Dion Levin
 Dr Brendan Bebington
 Dr Nsizwenye Mkhwanazi

BASE 7
HPB

Prof Eduard Jonas
 Prof Marc Bernon
 Prof Jose Ramos
 Prof John Devar

BASE 8

Paediatrics
 Dr Tim de Maayer
 Dr Nisha Naka
 Dr Lindo Radebe

BASE VENUES

- **BASE 1:** Somerset 1 Room
- **BASE 2:** Somerset 2 Room
- **BASE 3:** Vergelegen Room
- **BASE 4:** Cloetenberg Room
- **BASE 5:** Lourensfort Room
- **BASE 6:** Morgenster Room
- **BASE 7:** Somerset 1 Room
- **BASE 8:** Helderberg Room

PHYSICIANS

Dr Barend Basson, Dr Mohamed Yarow Farah,
 Dr Nadirah Goolam, Dr Hsin-Chi Huang

PHYSICIANS

Dr Camagu Potelwa, Dr Godknows Shamhuyashe,
 Dr Yaaseen Sungay, Dr Jack Rubahimbya Turyahikayo

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Dr Umar Jacobs, Dr Aqeela Moosa
 Dr Adam Matthew Woodford, Dr Lillian Nthenya Musyoka

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 Dr Jill Haung, Dr Zuhair Babiker Ahmed Mohammed,
 Dr Nontokozo Ndlovu, Dr Osemudiamhen Okharedia,
 Dr Mohamed Quraish Patel, Dr Samuel Wanjara Wachera

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 Dr Mohammed Musa Brema Idress, Dr Fatima Jouhar,
 Dr Mohammad El Hassed Nathire, Dr Nana-Akua Osei-Kuffour,
 Dr Muzaffar Parker, Dr Nicole v.d. Westhuizen, Dr Paul Willemse

PAEDIATRIC

Dr Joyce Akinseinde, Dr Nouraine Goga
 Dr Fatima Khan, Dr Marwa Mahdi

Saturday 18 April 2026

06:30 Run / walk team build event - Prof Eduard Jonas

08:00 BREAKFAST

09:00 **Venue: Somerset 2 Room**
Introduction to the BASES - Dr Bilal Bobat

09:15 Session 1 - *all sessions 50 minutes & 5 minutes changeover time*

10:10 Session 2

11:05 TEA

11:30 Session 3

12:25 Session 4

13:20 LUNCH

14:15 Session 5

15:10 Session 6

16:05 Session 7

17:00 Session 8

18:00 **GROUP PHOTO**

18:30 **Gastro Foundation - Two Decades**

Overview | Prof Chris Kassianides

Mentorship in low resource settings | Prof Eduard Jonas

Panel discussion:

Prof Reid Ally, Prof Sandie Thomson, Prof Eduard Jonas, Prof Jose Ramos
Prof Mashiko Setshedi, Dr Bilal Bobat & Dr Vikash Lala

20:00 DINNER IN THE COURTYARD RESTAURANT

SESSION 1 09:00 - 10:10

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley

SESSION 3 11:30 - 12:25

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley

SESSION 2 10:10 - 11:05

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley

SESSION 4 12:25 - 13:20

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley



TEA 11:05 - 11:30



LUNCH 13:20 - 14:15

SESSION 5 14:15 - 15:10

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley

SESSION 7 16:05 - 17:00

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley

SESSION 6 15:10- 16:05

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley

SESSION 8 17:00 - 18:00

BASE 1 GI	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi
BASE 2 IBD	IBD Prof Gill Watermeyer, Dr Thania Kahn
BASE 3 Liver	Liver and other cases Dr Bilal Bobat, Prof Wendy Spearman, Prof Mark Sonderup
BASE 4 Endoscopy	Endoscopy station Dr Vikash Lala, Dr Didintle Mokgoko
BASE 5 Manometry	Ph Manometry Dr Matt Scriba, Dr Des Moodley



AFTERNOON TEA available throughout (no official time)

Sunday 19 April 2026

BREAKFAST

08:30 ● Venue: Somerset 2 Room

CHAIR: Prof Eduard Jonas

CASE STUDIES

Fellows to present cases with faculty discussion (20 minutes each)

1. **Medical GIT** - Dr Mohamed Farah
2. **HPB** - Dr Samuel Wanjara Wachera
3. **Colorectal** - Dr Mohammed Alkhanbouli
4. **Liver** - Dr Jill Haug

10:10 **Endoscopy quiz.** - Dr Matt Scriba & Dr Vikash Lala

11:00 **TEA & HOTEL CHECK OUT**

11:30 **Intestinal failure - a Multidisciplinary Approach**

- Prof Dion Levin
- Prof Adam Boutall
- Dr Nsizwenye Mkhwanazi

12:30 **Close / prize giving** | Dr Bilal Bobat

13:00 **CHECK OUT & DEPART**

THANK YOU

The Gastro Foundation recognises and is grateful for the contribution of an educational grant from the following to fund this meeting

abbvie



PLEDGES

PLATINUM over R5 Million

AstraZeneca
Gilead
Takeda

GOLD R1 Million - R5 Million

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Janssen / Johnson & Johnson
Medtronic
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TRT Investments

SILVER R500 000 - R1 Million

Adcock Ingram
Colon Cancer Trust
Dr Reddy's
Roche

BRONZE R 100 000 - R500 000

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Organisers

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