

FACULTY

- Dr Chris Kassianides (Chairman of Gastro Foundation)
- Prof Reid Ally (Trustee – Wits)
- Prof Jake Krige (Trustee – UCT)
- Prof Michael Kew (Trustee – UCT)
- Dr Jose’ Ramos (Trustee – Wits Donald Gordon)
- Prof Richard Hift (UKZN)
- Prof Sandie Thomson (UKZN)
- Dr Gill Watermeyer (UCT)
- Dr Kay Karlsson (Wits Donald Gordon)

SECRETARIAT

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ORGANISERS

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PLEDGES

Platinum: over R1 Million

- AstraZeneca

Silver: R200 000 – R550 000

- Colon Cancer Trust
- Roche
- Schering Plough

Gold: R550 000 – R1 Million

- Nycomed

Bronze: R100 000 – R200 000

- Abbott
- Novartis



THE
**GASTROENTEROLOGY FOUNDATION
 OF SOUTH AFRICA**

Non-Gain Trust IT4253/2006 – Established 2006

GASTRO FOUNDATION WEEKEND FOR FELLOWS
5 – 7 FEBRUARY 2010
SPIER CONFERENCE CENTRE, STELLENBOSCH

Mission Statement

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa.

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate experience of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major change in focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.

The Gastro Foundation recognises and is grateful for the contribution of an educational grant from AstraZeneca Pharmaceuticals to fund this meeting.



The Gastroenterology Foundation

Since its inception in 2004, the Foundation has spent over R1 million on research scholarships, which have included research into HIV enteropathy, inflammatory bowel disease and Clostridium difficile infection. Furthermore, we have awarded eighty-three travel awards which have included seventeen young trainees who attended training courses in Professor Chris Mulder's unit of the Vrije University Medical Centre in Amsterdam. The first Liver Fellowship to Rotterdam was awarded in 2008, and another Fellow travelled to the UK.

Financial support has been given to thirty-nine young South Africans to attend numerous local and international congresses over the past three years and we have funded three Congress speakers to our local societies. The most recent at ASSA SAGES 2009 involved a workshop where we recruited 80% of all the Research Fellows in Gastroenterology, Hepatology and Surgical Gastroenterology to a workshop in Cape Town and this was highly successful. This was followed by a very successful morning symposium on how to do research, which attracted over 190 delegates.

We are now turning our attention to improving the education of our young Fellows, by announcing a workshop in February 2010 where all medical and surgical Fellows in Gastroenterology and Hepatology will spend a weekend attending clinical case presentations. We plan to follow this up with further workshops every few months, according to the need.

We have also sponsored a young Fellow from UCT to Brown University (USA), where she is at presently completing a PhD in Liver Cancer.

Invited speaker Dr Vijay Shah

Dr Vijay Shah received his undergraduate, medical degrees, and postgraduate medical residency training from Northwestern University.

He obtained fellowship training in clinical gastroenterology at Yale University in conjunction with an NIH T32 funded laboratory training experience. After staying at Yale as a junior faculty for a brief time he was recruited to Mayo Clinic approximately 10 years ago. During that time he has rose to the rank of Professor of Medicine and Physiology. Besides running NIH funded programs in both clinical and laboratory based research in the area of chronic liver diseases, Dr. Shah maintains strong expertise in training issues.

He is the Chair of Gastroenterology Research which assists with research training experiences of these trainees, and is the Director of the Mayo Clinic Office of Research Postdoctoral Affairs, a position which provides mentorship, oversight, and guidance for the hundreds of research postdoctoral trainees at Mayo Clinic.

On a personal note, Dr. Shah's wife is an Associate Professor of Strategic Management and Organizational Behavior at the Carlson School of Business at the University of Minnesota in Minneapolis, so he has gained first-hand expertise in dual career challenges of working couples and issues relevant for women in the academic career ladder.



PROGRAMME

FRIDAY 5 FEBRUARY 2010

- 17:00 Registration
- 17:30 Welcome: Chris Kassianides, Gastro Foundation & AstraZeneca Pharmaceuticals
- 17:45 Inspirational Career Development lecture – Vijay Shah
- 18:45 Quiz: Faculty vs Fellows – Quizmaster Jake Krige
- 20:00 Braai

SATURDAY 6 FEBRUARY 2010

- Rotating panel of 5 trainees for each session
- 06:00 Early morning activity
- 08:00 Breakfast
- 09:00 Liver
Chair: Sandie Thomson & Michael Kew
Alcoholic liver disease – Vijay Shah
Hepatitis – Richard Hift
- 11:00 TEA
- 11:30 GI
Chair: Jose' Ramos & Chris Kassianides
Reid Ally
Kay Karlsson
- 13:00 Lunch
- 14:00 GI
Chair: Jake Krige & Kay Karlsson
Sandie Thomson
- 15:00 TEA
- 15:30 Vijah Shah – Research
Chair: Michael Kew & Gill Watermeyer
How to submit papers
How to give talks
How to write scholarship applications
Research integrity
Mentoring interactions
How to interview for academic jobs
- 18:00 Close
- 19:00 What makes an expert – Richard Hift
- 20:00 Dinner

SUNDAY 7 FEBRUARY 2010

- Rotating panel of 5 trainees for each session
- 07:15 Early morning hike (or other activity) optional
Breakfast
- 08:15 IBD
Chair: Chris Kassianides & Jose' Ramos
Gill Watermeyer
- 09:30 General/HPB
Chair: Richard Hift & Reid Ally
Jake Krige
Michael Kew
Sandie Thomson
Jose' Ramos
- 10:30 TEA
- 11:00 General/HPB
Chair: Richard Hift & Reid Ally
Jake Krige
Michael Kew
Sandie Thomson
Jose' Ramos
- 13:00 Close – Nounce Lodewyk & Chris Kassianides



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