



Metabolic syndrome interest group meeting

Steatotic liver disease

Friday 1st Dec 2023

Vineyard Hotel, Cape Town

Promoting Gastroenterology for the Future.

Supported by
Gastroenterology Foundation of SSA



Non-Gain Trust IT 4253/2006

SSA METABOLIC SYNDROME INTEREST GROUP
Steatotic Liver Disease
Inaugural Advisory Board meeting
Friday, 1 December 2023
Vineyard Hotel, Cape Town

Attendees

- | | |
|-----------------------------|---|
| 1. Professor Wendy Spearman | Hepatology |
| 2. Prof Chris Kassianides | Foundation |
| 3. Dr Bilal Bobat | Hepatology |
| 4. Professor Mark Sonderup | Hepatology |
| 5. Dr Jeff Wing | Endocrine |
| 6. Dr Marisa Noeth | Endocrine |
| 7. Dr Wayne May | Endocrine |
| 8. Prof Joel Dave | Endocrine |
| SAMMSS | SA Metabolic Medicine and Surgery Society |
| SEMDSA | Society for Endocrinology Metabolism and Diabetes of SA |

Agenda

17:00 Registration and refreshments

17:30 Welcome and introduction

Chris Kassianides

17:40 Introduction to Obesity in Sub-Saharan Africa

Marisa Noeth

18:00 Steatotic Liver Disease: New nomenclature and role of screening

Wendy Spearman

18:30 Treatment of Metabolic-dysfunction associated steatotic liver disease

Mark Sonderup

19:00 Discussion



Postgraduate Fellows annual meeting
GI/Hepatology Interest groups
G - ECHO
GHASSA
AU - Nepad
African viral hepatitis Convention May 2024

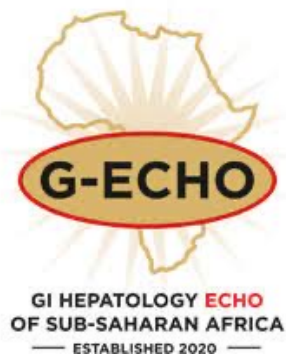
Over the last 16 years

The 14th Post graduate meeting for fellows

The Lord Charles Hotel Somerset West

17 – 19 March 2023





G-ECHO

- Endoscopy
- IBD
- Liver cancer
- Patient blood management
- Paediatric GI
- Pathology
- **H pylori**
- **Metabolic syndrome**

ECHO Viral hepatitis monthly

ECHO Gi Fellows biweekly

•



SSA H Pylori interest group Ad board meeting

Friday 27th October 2023

Vineyard Hotel, Cape Town

Promoting Gastroenterology for the Future.

Supported by





UNM
HEALTH SCIENCES
CENTER

G-ECHO

GI Hepatology **ECHO** of sub-Saharan Africa

Wednesday afternoon **WEEKLY** interactive case webinars

Wednesday 18 October 2023

Endoscopy Lower

Chairman: Prof Sandie Thomson



Scoring Systems in IBD Endoscopy

Dr Shaun Temmers

Department of Gastroenterology

University of Kwazulu Natal



GMT	14:30
West Africa	15:30
Central/Southern Africa	16:30
East Africa	17:30

Queries:

Cheryl Valentine: achoworks2020@gmail.com

Register on the iEcho platform

<https://iecho.org/public/program/PRGM1673347599876FGHQ5YI09U>

The recordings of these webinars are available on the Gastro Foundation website

www.gastrofoundation.co.za

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aspen



abbvie



AMGEN

EQUITY



GI Hepatology **ECHO** of Sub-Saharan Africa

Wednesday afternoon **WEEKLY** interactive webinars

Wednesday 4 October 2023

Hepatocellular carcinoma

Surgical treatment

Welcome and introduction

Chairman: Eduard Jonas



Management and outcomes of HCC in sub-Saharan Africa

Case presentation

Dr Rashid Nashidengo (Windhoek, Namibia)



The management and outcomes of HCC in sub-Saharan Africa: a systematic review

Dr Sanju Sobnach (Cape Town, South Africa)



The IHPBA HPBridge project: International bidirectional engagement and collaboration

GMT 14:30

Central/South Africa 16:30

East Africa 17:30

West Africa 15:30

Queries:

Cheryl Valentine echoworks2020@gmail.com

The recordings of these webinars are available on the Gastro Foundation website

G-ECHO

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abnova



acino



adcock Ingram



AMGEN



EQUITY





G-ECHO

GI Hepatology **ECHO** of sub Saharan Africa

Wednesday afternoon **WEEKLY** interactive case webinars

Wednesday 23 August 2023

Patient Blood Management

Chairman: Vernon Louw



Iron in Cardiothoracic Surgery

Dr Matthew Gibbs

Specialist Anaesthesiologist

Department of Anaesthesia and Perioperative Medicine
University of Cape Town & Groote Schuur Hospital



GMT	14:30
West Africa	15:30
Central/Southern Africa	16:30
East Africa	17:30

Queries:

Cheryl Valentine gchowork2020@gmail.com

www.gastrofoundation.co.za

The recordings of these webinars are available on the Gastro Foundation website

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with





GI Hepatology **ECHO** of Sub-Saharan Africa

Wednesday afternoon **WEEKLY** interactive webinars

Wednesday 27th September 2023

G-ECHO PATHOLOGY



Prof Martin Hale



Dr Bilal Bobat

GMT 14:30
Central/South Africa 16:30

West Africa 15:30
East Africa 17:30

Queries: Cheryl Valentine
echoworks2020@gmail.com

Register on the iEcho platform

<https://iecho.org/public/program/PRGM1673347199876EGHQZYIQSU>

The recordings of these webinars are available on the Gastro Foundation website

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G-ECHO

GI Hepatology **ECHO** of sub-Saharan Africa
Wednesday afternoon WEEKLY interactive case webinars

Wednesday 25 October 2023

Inflammatory Bowel Disease (IBD)

Chair: Professor's Gill Watermeyer & Mashiko Setshedi
Department of Gastroenterology
Groote Schuur Hospital & University of Cape Town



Case presentation

"A clinical case of infectious colitis in a patient with IBD"

Prof Mashiko Setshedi

"Opportunistic infections and IBD therapy"

Prof Gill Watermeyer

GMT	14:30
West Africa	15:30
Central/Southern Africa	16:30
East Africa	17:30

Queries:

Cheryl Valentine: echoworks2020@gmail.com

www.gastrofoundation.co.za

The recordings of these webinars are available on the Gastro Foundation website

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GI Hepatology **ECHO** of Sub-Saharan Africa

Wednesday afternoon WEEKLY interactive webinars

Wednesday 15th November 2023

G-ECHO PAEDIATRICS

Welcome and Introduction

Chairman: Dr Tim de Maayer



“Diagnosing and Managing Paediatric Autoimmune Hepatitis”

Dr Vusi Mudau

GMT	14:30
West Africa	15:30
East Africa	17:30
Central/South Africa	16:30

Queries: Cheryl Valentine
echoworks2020@gmail.com

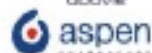
The recordings of these webinars are available on the Gastro Foundation website

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VIRAL HEPATITIS IN SUB-SAHARAN AFRICA iECHO Clinic

Pre-register for the Monthly iECHO Clinics

21 September 2023 | Thursday 14:30-15:30 (SAST)



CLINIC MEDICAL DIRECTORS	<p>PROFESSORS WENDY SPEARMAN AND MARK SONDERUP DIVISION OF HEPATOLOGY, DEPARTMENT OF MEDICINE, FACULTY OF HEALTH SCIENCES, UNIVERSITY OF CAPE TOWN AND GROOTE SCHUUR HOSPITAL</p>	<i>Time : SAST</i>	<i>Presentation</i>	<i>Presenters</i>
<p>Medical Specialists</p> <p>Burkina Faso: Alice Guinane and Team Cameroon: Christian Tzeuton and Team Ethiopia: Abate Shewaye and Team, Hailemichael Desalegn and Team Ghana: Mary Yeboah Afihene, Eileen Micah and Team Kenya: Betty Musau, Fatuma Some and Team Mozambique: Lina Brito Cunha and Team Nigeria: Fumni Lesi and Team, Chidi Nnabuchi South Africa: Chris Kassianides (Morningside Mediclinic, Johannesburg), Bilal Bobat (Wits Donald Gordon Medical Centre, Johannesburg) Tanzania: Rachel Maseke The Gambia: Gibril Ndow and Team United Kingdom: Geoff Dusheiko Zimbabwe: Leo Katsidzira</p>		14h30	Welcome	<p>Prof Wendy Spearman</p>
		14h35 – 14h55	Didactic Lecture: Pros and Cons of HBV anti-viral therapy	 <p>Prof Wendy Spearman Head: Division of Hepatology, Department of Medicine, Faculty of Health Sciences, University of Cape Town</p>
		14h55 – 15h05	Zimbabwe Clinical Case: Hepatitis B and side-effects of antiviral therapy	 <p>Dr Leo Katsidzira Consultant physician & Gastroenterologist University of Zimbabwe College of Health Sciences and Parirenyatwa Central Hospital, Harare, Zimbabwe</p>
		15h05-15h15	South Africa: Clinical Case: HIV-HBV Coinfection	 <p>Dr Sandy Mosenye Hepatology Fellow, Division of Hepatology, Department of Medicine, Faculty of Health Sciences, University of Cape Town</p>
<p>Target Audience</p>	<p>ECHO: Viral Hepatitis in sub-Saharan Africa: Spokes in: Burkina Faso, Cameroon, Ethiopia, Ghana, Kenya, Mozambique, Nigeria, South Africa, Tanzania, The Gambia, United Kingdom and Zimbabwe and Midwives in SSA</p>	15h15– 15h30	Discussion	<p>Speakers and participants</p>



GI Hepatology **ECHO** of sub Saharan Africa

Monday evening interactive webinars

Monday 24 July 2023 : 18:00

and every 2nd week thereafter

G-ECHO Gastroenterology Fellows

Chairperson: Dr Sean Burmeister

Pancreatic Cysts

Presenter: Dr Yonela Qubekile
IALCH, University of KZN

Queries: karin.fenton@uct.ac.za

The recordings of these webinars are available on the Gastro Foundation website
www.gastrofoundation.co.za

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Project ECHO and the University of New Mexico



Beginning September 2020



20 countries in SSA
50 – 100 registrations

Liver interest group meeting Addis Ababa 2016





Julian Kruger 2017



8th Liver Interest Group Annual Meeting
Announcement of the Gastroenterology and Hepatology Association of SSA (GHASSA)
Vineyard Hotel, Cape Town, 1 and 2 December 2017



Non-alcoholic fatty liver disease in sub-Saharan Africa 1



Epidemiology, risk factors, social determinants of health, and current management for non-alcoholic fatty liver disease in sub-Saharan Africa

C Wendy Spearman, Mary Afihene, Omolade Betiku, Bilal Bobat, Lina Cunha, Chris Kassianides, Leolin Katsidzira, Hailemichael D Mekonnen, Ponsiano Ocama, Olusegun Ojo, Imran Paruk, Christian Tzeuton, Mark W Sonderup, on behalf of the Gastroenterology and Hepatology Association of sub-Saharan Africa (GHASSA)

Non-alcoholic fatty liver disease in sub-Saharan Africa 2



Health-care provision and policy for non-alcoholic fatty liver disease in sub-Saharan Africa

C Wendy Spearman, Abdelmounem Abdo, Aggrey Ambali, Yaw A Awuku, Chris Kassianides, Olufunmilayo A Lesi, Margareth Ndomondo-Sigonda, Charles A Onyekwere, John Rwegasha, Abate B Shewaye, Mark W Sonderup, on behalf of the Gastroenterology and Hepatology Association of sub-Saharan Africa (GHASSA)

Lancet Gastrohep 6:12,971 – 1056 Nov 2021

Viral hepatitis in sub-Saharan Africa 1

Lancet Gastroenterol Hepatol
2017; 2: 900–09

Hepatitis B in sub-Saharan Africa: strategies to achieve the 2030 elimination targets

C Wendy Spearman, Mary Afihene, Reidwaan Ally, Betty Apica, Yaw Awuku, Lina Cunha, Geoffrey Dusheiko, Neliswa Gogela, Chris Kassianides, Michael Kew, Philip Lam, Olufunmilayo Lesi, Marie-Jeanne Lohouès-Kouacou, Papa Saliou Mbaye, Emmanuel Musabeyezu, Betty Musau, Olusegun Ojo, John Rwegasha, Barbara Scholz, Abate B Shewaye, Christian Tzeuton, Mark W Sonderup, on behalf of the Gastroenterology and Hepatology Association of sub-Saharan Africa (GHASSA)

Viral hepatitis in sub-Saharan Africa 2

Lancet Gastroenterol Hepatol
2017; 2: 910–19

Hepatitis C in sub-Saharan Africa: the current status and recommendations for achieving elimination by 2030

Mark W Sonderup, Mary Afihene, Reidwaan Ally, Betty Apica, Yaw Awuku, Lina Cunha, Geoffrey Dusheiko, Neliswa Gogela, Marie-Jeanne Lohouès-Kouacou, Phillip Lam, Olufunmilayo Lesi, Papa Saliou Mbaye, Emmanuel Musabeyezu, Betty Musau, Olusegun Ojo, John Rwegasha, Barbara Scholz, Abate B Shewaye, Christian Tzeuton, Chris Kassianides, C Wendy Spearman, on behalf of the Gastroenterology and Hepatology Association of sub-Saharan Africa (GHASSA)

THE LANCET

Gastroenterology & Hepatology



Series

Inflammatory bowel disease in sub-Saharan Africa: epidemiology, risk factors, and challenges in diagnosis

Gillian Watermeyer, Leolin Katsidzira, Mashiko Setshedi, Smita Devani, Wisdom Mudombi, Chris Kassianides, and others

The Lancet Gastroenterology & Hepatology, Vol. 7, No. 10

Published: June 29, 2022

[Full-Text HTML](#) | [PDF](#)

Challenges in the management of inflammatory bowel disease in sub-Saharan Africa

Gillian Watermeyer, Yaw Awuku, Ernst Fredericks, David Epstein, Mashiko Setshedi, Smita Devani, and others

The Lancet Gastroenterology & Hepatology, Vol. 7, No. 10

Published: June 29, 2022

[Full-Text HTML](#) | [PDF](#)

THE LANCET

Gastroenterology & Hepatology



Series

Hepatocellular carcinoma: measures to improve the outlook in sub-Saharan Africa

C Wendy Spearman, Geoffrey Dusheiko, Eduard Jonas, Abdelmounem Abdo, Mary Afihene, Lina Cunha, and others

The Lancet Gastroenterology & Hepatology, Vol. 7, No. 11

Published: July 7, 2022

[Full-Text HTML](#) | [PDF](#)

Treatment of hepatocellular carcinoma in sub-Saharan Africa: challenges and solutions

Eduard Jonas, Marc Bernon, Barbara Robertson, Chris Kassianides, Elie Keli, Kwaku Offei Asare, and others

The Lancet Gastroenterology & Hepatology, Vol. 7, No. 11

Published: July 7, 2022

[Full-Text HTML](#) | [PDF](#)



Managing cirrhosis with limited resources – perspectives from SSA

Sonderup M.W., Kamath P.S., Awuku Y.A., Desalegn H., Gogela N., Katsidzira L., Tzeuton C., Bobat B., Kassianides C., Spearman W.C., on behalf of the Gastroenterology and Hepatology Association of Sub-Saharan Africa (GHASSA)

Submitted to Lancet Gastrohep 2023.

AFRICAN VIRAL HEPATITIS CONVENTION



HOSTED BY GHASSA

The Gastroenterology and Hepatology Association of
sub-Saharan Africa

PROSPECTUS

CAPE TOWN INTERNATIONAL CONVENTION CENTRE
CAPE TOWN | SOUTH AFRICA | 16 - 18 MAY 2024

www.ihpba2024.org/AfriVirHeC



AFRICAN VIRAL HEPATITIS
CONVENTION AT



FUN FACT:
Cape Town is known as
"The Mother City"

LOCAL ORGANISING COMMITTEE

Organizing committee

Chris Kassianides – South Africa (chair)
Wendy Spearman – South Africa (co-chair)
Mark Sonderup – South Africa (co-chair)
Bilal Bobat – South Africa
Geoff Dusheiko – United Kingdom
Ed Jonas – South Africa
Anna Kramvis – South Africa
John Ward – USA
Manal El-Sayed – Egypt
Hallemichael Desalegn Mekonnen – Ethiopia
Danjuma Adda – Nigeria
Gibri Ndow – The Gambia
Christian Tzeuton – Cameroon
Manzengo Casimir – Democratic Republic of Congo

Scientific advisory committee

Monique Andersson – United Kingdom
Mary Afihene – Ghana
Bisi Bright – Nigeria
Lina Cunha – Mozambique
Fumi Lesi – Switzerland
Ponciano Ocama – Uganda
Debzi Nabil – Algeria
Kabagambe Kenneth – Uganda
Leolin Katsidzira – Zimbabwe
Edith Okeke – Nigeria
John Rwegasha – Tanzania
Janvier Serumondo – Rwanda
Maude Lemoine – United Kingdom
Philipa Mathews – United Kingdom





IHPBA 2024



Cape Town International
Convention Centre
CAPE TOWN - SOUTH AFRICA
12 - 17 MAY 2024

www.ihpba2024.com



Amb. Minata Samate Cessouma
Commissioner for Health African Union

Trustees



- Prof E Jonas
- Prof J Ramos
- Prof W Spearman
- Prof G Watermeyer
- Dr Bilal Bobat
- Prof G Dusheiko
- Prof C Kassianides

Emeritus trustees

Prof MC Kew (deceased)
Prof J Krige
Prof S Thomson
Prof R Ally

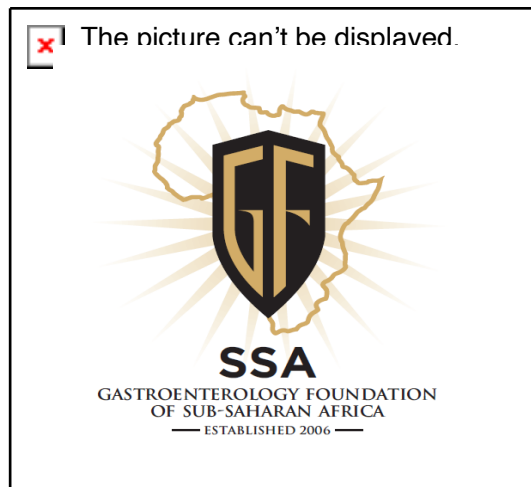
Patron

Mr Adam Molai

Bini Seale - Administrator

Bini Seale and Juliet DeSille – Cornucopia

www.gastrofoundation.co.za



Platinum : R5 Million and above

AstraZeneca

Takeda

Gold : R1 Million – R5 Million

Abbvie

Bristol Myers Squibb Foundation

Gilead

Equity

Janssen

Medtronic

Olympus

Sandoz

Silver : R500 000 – R1 Million

Aspen

Colon Cancer Trust

Dr Reddy's

Ferring

Roche

Bronze : R100 000 – R500 000

Adcock Ingram

Cipla

Litha

Novartis

Surgical Innovations

Tecmed

Mrs N Kadji



VIRAL HEPATITIS IN SUB-SAHARAN AFRICA ECHO CLINIC SYMPOSIUM ON HEPATOCELLULAR CARCINOMA (HCC) IN SUB-SAHARAN AFRICA

23 MARCH 2023: 16H00 to 17H30 SAST

- 16h00:** *Welcome: Wendy Spearman*
- 16h05:** *HCC - An overview from sub-Saharan Africa: Wendy Spearman (Head of the Division of Hepatology, University of Cape Town)*
- 16h20:** *Risk factors for HCC in sub-Saharan Africa: Mark Sonderup (Consultant Hepatologist, Division of Hepatology, University of Cape Town)*
- 16h35:** *Preventative strategies for reducing the burden of HCC in sub-Saharan Africa: Primary, secondary and tertiary prevention: Hailemichael Desalegn (Consultant Gastroenterologist/Hepatologist at St Pauls Hospital Millennium Medical College, Addis Ababa, Ethiopia)*
- 16h50:** *Treatment of HCC in sub-Saharan Africa: Eduard Jonas (Professor of Surgery and Head of the Surgical Gastroenterology Unit, University of Cape Town & Groote Schuur Hospital)*
- 17h05:** *HCC Research in Africa: Sanju Sobnach (Hepatobiliary surgeon, Surgical Gastroenterology Unit, University of Cape Town and Groote Schuur Hospital)*
- 17h15:** *Q and A: Panel Discussion: Speakers and Panelists:*
- 17h25:** *Closing Remarks: Chris Kassianides (Chair of the Gastroenterology Foundation of SSA)*

PRE-REGISTER AND JOIN ON ZOOM

<https://echo.zoom.us/j/85605752766?pwd=RFRndzk5SFNkbXhHM2dBdW5jY2pLUT09>



Agenda

17:00 Registration and refreshments

17:30 Welcome and introduction

Chris Kassianides

17:40 Introduction to Obesity in Sub-Saharan Africa

Marisa Noeth

18:00 Steatotic Liver Disease: New nomenclature and role of screening

Wendy Spearman

18:30 Treatment of Metabolic-dysfunction associated steatotic liver disease

Mark Sonderup

19:00 Discussion



SSA H Pylori interest group

Comprehensive review of H pylori in SSA
Short communication from this group

ISSUES FOR DISCUSSION

Is there an African enigma and should we abolish the term ?
Who to screen ? Asymptomatic vs Dyspeptic
And how? Finger prick vs POC stool test
Who to endoscope?
Use of the Gastropanel /Abolish the serum HP ab test?
Use of Pepsinogen only to screen those that need Endoscopy
Treatment Availability of Bismuth/ Can we get PYLERA?



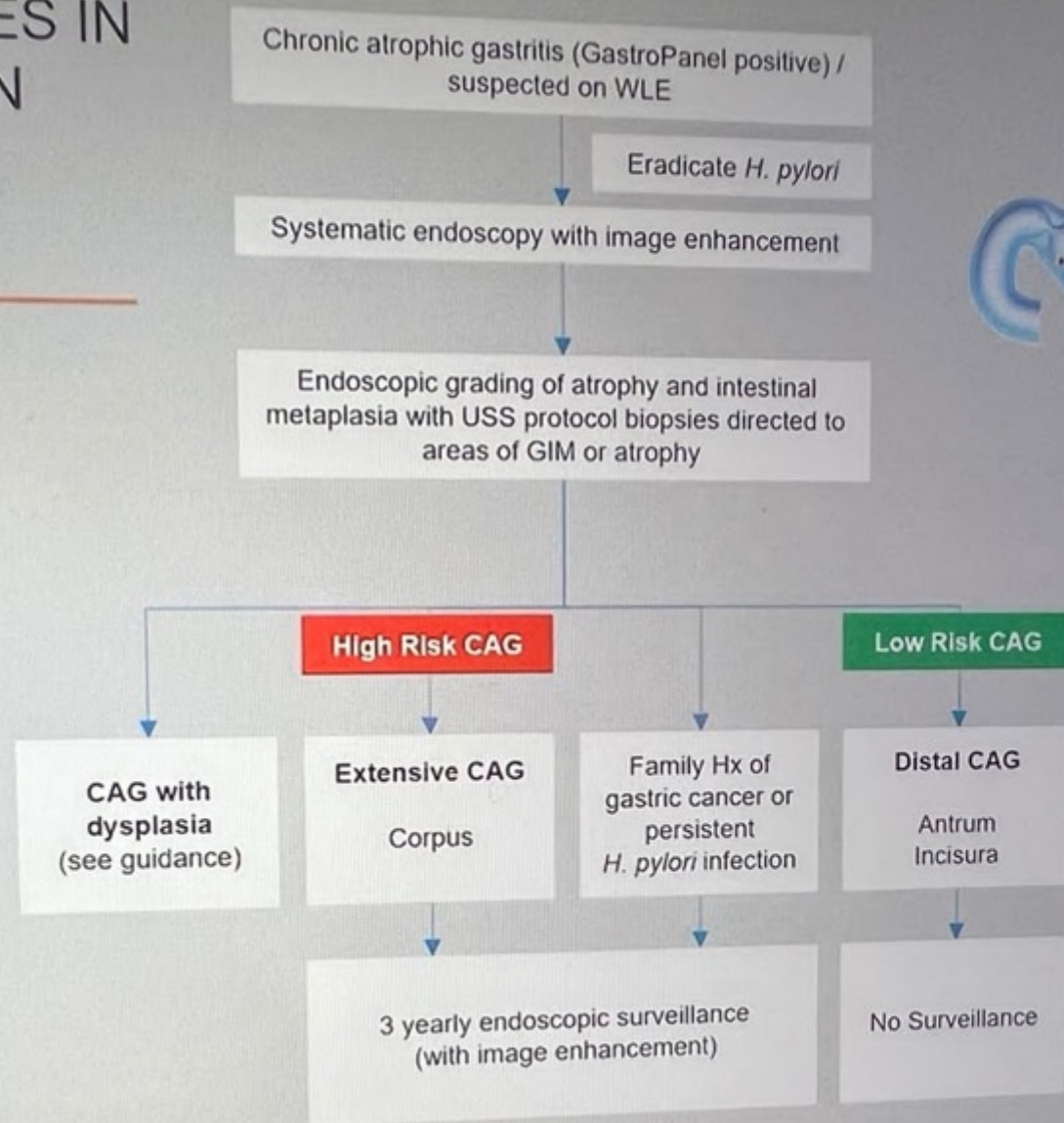
**ADVISORY BOARD MEETING
H PYLORI INTEREST GROUP MEETING
Friday, 27 October 2023
Vineyard Hotel, Cape Town**

Agenda

- | | | |
|-------|--|----------------------------|
| 18:00 | Registration and refreshments | |
| 18:10 | Welcome and introduction. | Prof Chris Kassianides |
| 18:15 | Introduction to point of care stool H pylori Ag test | Dr Sumesh Ghirdari |
| 18:25 | Update on H-pylori testing and GastroPanel | Dr Hafeez Mohamed |
| 18:45 | How do I treat an H-Pylori patient in SSA? | Professor Mashiko Setshedi |
| 18:55 | SSA H pylori review and communication | All |

BSG 2019 GUIDELINES IN SUSPECTED CAG ON ENDOSCOPY

Banks M et al Gut 2019



1. Antrum 1
2. Antrum 2
3. Incisura
4. Lesser curve
5. Greater curve

A NEW PATHWAY FOR DETECTION, DIAGNOSIS AND MANAGEMENT OF PATIENTS AT RISK OF GASTRIC ADENOCARCINOMA

Patient presents with symptoms of dyspepsia
i.e. epigastric pain or burning, postprandial fullness or early satiety

>50 years with multiple risk factors (male, smoker, obese) • Pernicious anaemia • First degree relative with GC • Unexplained IDA • Palpable epigastric mass • Unintentional significant weight loss • Evidence of GI blood loss • Persistent vomiting • Suspicious radiology findings • Previous gastric surgery

Yes

REFER
Urgent direct access upper GI image enhancement endoscopy (2ww referral)

No

GastroPanel®

90%

-'ve

10%

+ 've

- Lifestyle advice
- Remove any irritants
- Trial OTC medications (antacids, ranitidine or PPIs)

But all other patients can receive GastroPanel, and you can look at the difference between 10% being positive only

No further treatment
If symptoms recur,
re-enter pathway

Symptoms resolved

Symptoms not resolved

Perform *H. Pylori* faecal antigen test

+ 've

Prescribe *H. pylori* eradication

- 've

Ongoing symptoms:
Consider bloods, differential diagnosis (cardiac or biliary disease), *H. pylori* retesting

Persistent symptoms

REFER
Routine upper GI endoscopy or Gastro OPD



IBD and Endoscopy Interest Group Meeting

Saturday 28 October 2023

Vineyard Hotel, Cape Town

Promoting Gastroenterology for the Future.

Supported by

adcock ingram 

EQUITY
PHARMACEUTICALS

janssen 

Takeda 

1st post graduate fellows meeting at Spier
February 2009



ENDOSCOPY BASE



ULTRASOUND BASE POCUS





UEG week Vienna 2022

ADVISORY BOARD MEETING
H PYLORI INTEREST GROUP MEETING
Friday, 27 October 2023
Vineyard Hotel, Cape Town

Agenda

- | | | |
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| 18:55 | SSA H pylori review and communication | All |



VIRAL HEPATITIS IN SUB-SAHARAN AFRICA iECHO Clinic

The Viral Hepatitis in Sub Saharan Echo program has been moved to an updated iECHO platform introduced this year.

iECHO has a whole new automated way of receiving the monthly zoom invitations plus added features which you will learn about as we go along.

As an invited participant, you will need to do a once off registration to the new system.

Direct link to the VHSSA program;

<https://iecho.org/public/program/PRGM1690786825146JIBPJIAQOP>

You will receive an email inviting you to join the Viral Hepatitis iEcho program. Please click "join" and follow the link to register on iECHO. We suggest you do this now and not delay to 5 minutes before the session on **Thursday 21st of September**. Note that the option to register a cell number does not work, due to system regulatory issues in South Africa.

[Please click here](#) to learn how to register to the iECHO platform (if you would like to watch the help video)

Thereafter, you will receive the invitations automatically, with reminders, and will join a session from within this new system.

[Please click here](#) to learn how to join the session, which then takes you into Zoom.

The iECHO help centre is on the below link:

<https://www.notion.so/echoindia/iECHO-Help-Center-f634696161a840f9876f86335cb15be3>

There is a 20-minute introductory video available there which will give you a full overview of the new features.

Looking forward to seeing you on the new platform, which takes you onto the already familiar zoom (so nothing new there)

Please do let me know if you run into any problems.

Regards
Cheryl Valentine



ECHO GI Fellow post graduate Bi weekly program



Reminder: ECHO Session for G-ECHO Gastroenterology Medical Program program is about to start in 27 mins



Session Reminder for G-ECHO Gastroenterology Medical Program

Hello Chris Kassianides,

G-ECHO Gastroenterology Medical Program session on **Session 12** is about to begin in 27 mins at **Mon, 24 Jul 2023 06:00 PM SAST (South Africa Standard Time)**.

Please join the session on time.

[Join Session through iECHO](#)



OR

Inflammatory Bowel Disease A Sub-Saharan African Perspective

Gillian Watermeyer

MBChB(UCT), FCP(CMSA), Cert Gastroenterol(CMSA), MPH(UCT)
University of Cape Town and Groote Schuur Hospital
South Africa





Guidelines for the Gastrointestinal Evaluation and Management of Iron Deficiency in Sub-Saharan Africa

Authors

Wayne Simmonds¹, Yaw Awuku², Claire Barrett³, Martin Brand⁴, Karin Davidson⁵, David Epstein⁶, Ernst Fredericks⁷, Shiraaz Gabriel⁸, Stephen Grobler⁹, Cathrine Gounden¹⁰, Leo Katsidzira¹¹, Vernon Louw¹², Vasudevan Naidoo¹³, Colin Noel¹⁴, Elly Ogutu¹⁵, None Ramonate¹⁶, Neo Seabi¹⁷, Mashiko Setshedi¹⁸, Jan Van Zyl¹⁹, Gillian Watermeyer²⁰, Chris Kassianides²¹

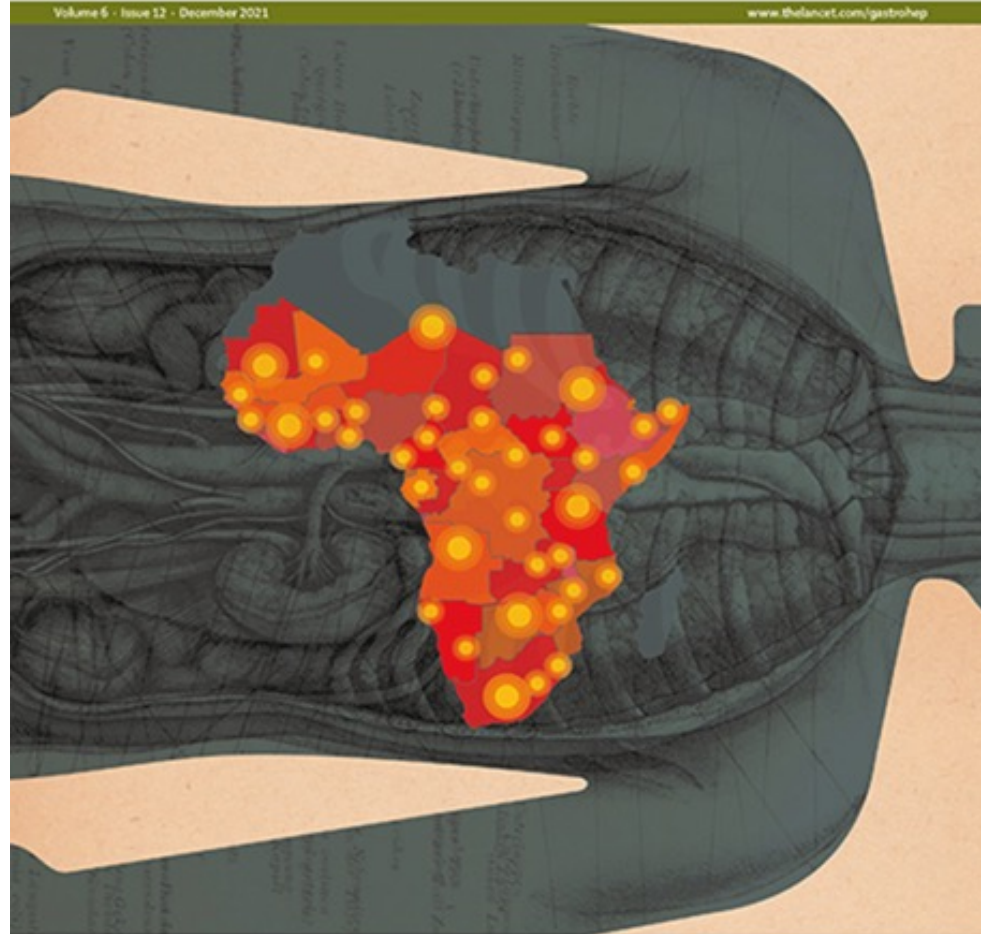
Accepted with revisions by SAMJ 2023

THE LANCET

Gastroenterology & Hepatology

Volume 6 · Issue 12 · December 2021

www.thelancet.com/gastrohep



Articles

Ursodeoxycholic acid for the prevention of symptomatic gallstone disease after bariatric surgery
See page 993

Articles

Comparative efficacy and safety of biologic therapies for moderate-to-severe Crohn's disease
See page 1002

Series

Non-alcoholic fatty liver disease in sub-Saharan Africa
See pages 1036 and 1047



1st

Intestinal and Hepatology Ultrasound Course for clinicians

29-30 July 2022

Cape Town Marriott Crystal Towers Hotel, Cape Town

Supporting Gastroenterology for the Future



Gerhard Rogler

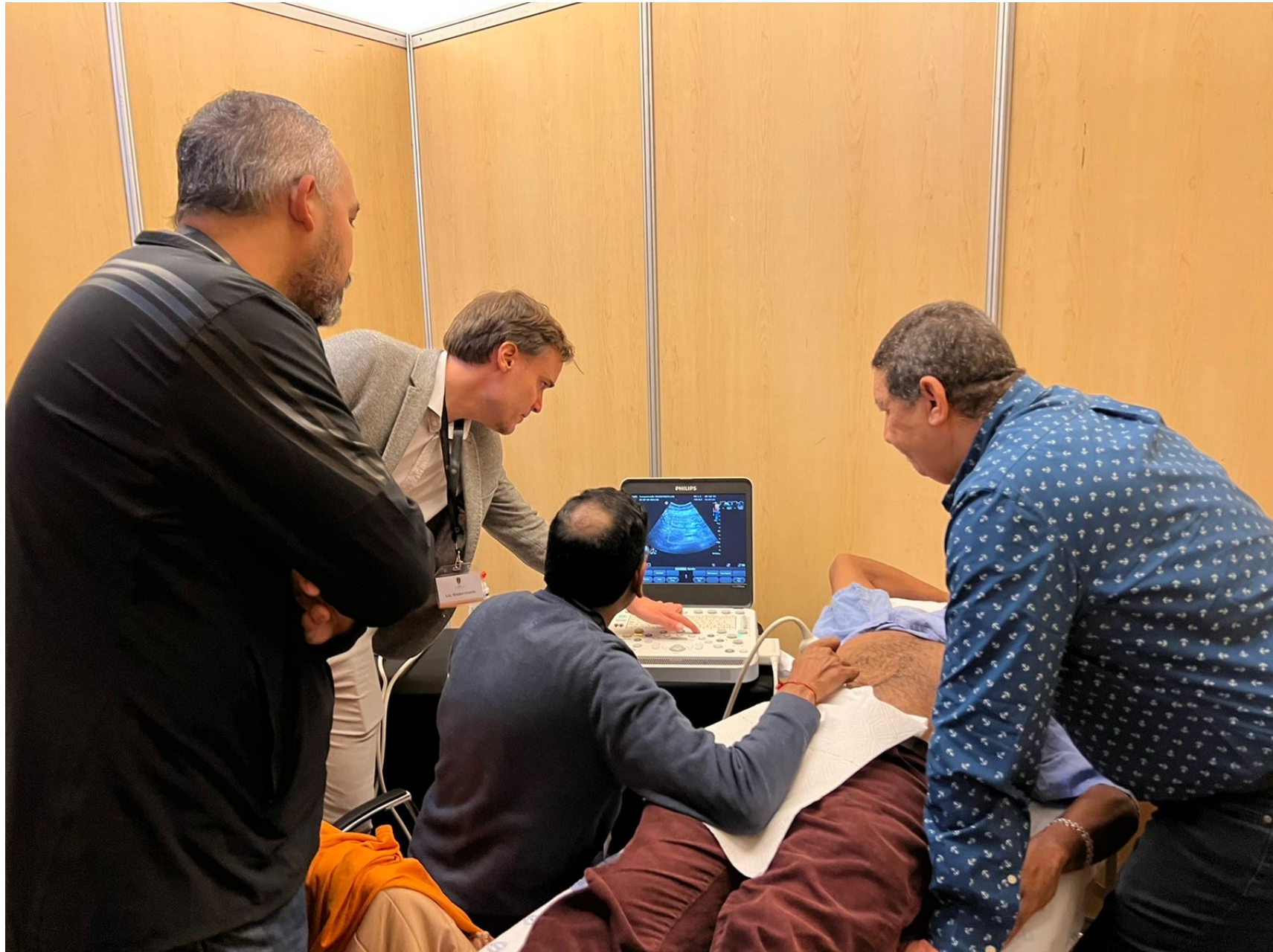


Luc Biederman

**Supported by an educational grant from Takeda
Equipment supplied by GE, Phillips, Siemens & TecMed**











World Hepatitis Day Media Briefing

Friday 28 July 2023

Vineyard Hotel, Cape Town

10:00 – 11:30

Advocacy ∞ Awareness ∞ Empowerment





PRESS ADVISORY: WORLD HEPATITIS DAY “YOU DON’T KNOW UNTIL YOU KNOW”

Event: Media Briefing (online link available, if unable to join in person)

Date: Friday 28 July 2023

Time: 10:00

Venue: The Vineyard Hotel, Newlands, Cape Town

Registration: Please register below for the online media event.

https://us06web.zoom.us/webinar/register/WN_BCT18QfXRE-hfULCfRwCw

To confirm attendance or set-up an interview with one of the experts, please email Bini Seale at bini@global.co.za

Prime facts:

1. Liver cancer is a leading form of cancer in Africa.
2. More than 70% of liver cancer in Africa is Viral Hepatitis related!*
3. 2 million South Africans have chronic Hepatitis B virus infection*
4. Hepatitis B is vaccine preventable; hepatitis C is curable!

The Gastroenterology and Hepatology Association of Sub-Saharan Africa (GHASSA), a non-profit Association, will launch its programme of action on World Hepatitis Day, July 28th, 2023. In 2016, the World Health Assembly, of which most countries in the WHO Africa region participate, agreed to the global elimination of viral hepatitis by 2030. All WHO African state members, were signatories. Several countries globally are on track to achieve this. Except for champion countries such as Rwanda and Egypt, most African countries, including South Africa, lags behind. In May 2024, GHASSA will host the African Viral Hepatitis Convention at the CTICC, in Cape Town. It will partner with the prestigious International Hepato-Pancreatico-Biliary Association (IHPBA) meeting occurring simultaneously (<https://www.ihpba2024.org/>)

*<https://cdfafound.org/polaris-countries-dashboard>

Factsheet

- Viral hepatitis, is caused by 5 viruses, hepatitis A, B, C, D and E - hepatitis **B and C** may cause chronic infection – usually silent and without symptoms;
- People only manifest symptoms when they develop **liver disease** or **liver cancer**;
- 82 million Africans have chronic hepatitis B and 9 million, chronic hepatitis C infection;
- 2 million South Africans are silently infected with hepatitis B – 300 000 with hepatitis C;
- Hepatitis B and C accounts for >70% of **liver cancer** in Africa – the second most frequent cancer in men and third in women in Africa;
- >70% of all children <5 years with chronic hepatitis B live in Africa;
- Those with chronic infection, including pregnant women, can unknowingly infect others;
- Hepatitis B is fully vaccine preventable **starting** with a birth dose in the vaccine schedule;
- Effective long-term treatment is available for those identified with chronic hepatitis B;
- Hepatitis C is curable – it requires 12 weeks of treatment with a tablet taken daily.

We must!

- Raise awareness and upscale simple screening for hepatitis B and C;
- Link patients to care;
- Screen pregnant woman for hepatitis B and offer effective prevention of mother-to-child transmission;
- Provide Universal hepatitis B birth dose vaccination.

Leading up to the Convention, we will lead a campaign to raise awareness, ignite and enhance advocacy and provide ways to empower all to seek the goal of elimination and produce a hepatitis free generation.

#YouDontKnowUntilYouKnow #GetTested #ActionNow #HepatitisCantWait #ImNotWaiting

THERE ARE 5 TYPES OF HEPATITIS VIRUSES – A, B, C, D AND E. ALL HEPATITIS VIRUSES CAN CAUSE ACUTE INFECTION AND INFLAMMATION OF THE LIVER. STILL, INFECTION WITH HEPATITIS B, C AND D VIRUSES CAN ALSO RESULT IN CHRONIC HEPATITIS THAT CAN LEAD TO CIRRHOSIS AND LIVER CANCER.



I'M NOT WAITING



Don't wait. Get tested for hepatitis.
It could save your life.



World Hepatitis Day – 28 July
worldhepatitisday.org





Endoscopy interest group meeting with GIEQS Foundation Sandton June 10 2023





Invitation: Live & Virtual event

Saturday 10 June 2023

08:30 – 13:00

Radisson Blu Gautrain, Sandton, Gauteng

Kindly RVSP using the links below – queries: Juliet.desilla@gmail.com

**ENDOSCOPY INTEREST GROUP MEETING
Radisson Hotel Gautrain, Sandton**


08:30	Registration and refreshments	
08:45	Welcome and introduction	Prof Chris Kassianides
Chair:	Prof Sandie Thomson / Dr Neo Seabi	
09:00	Endoscopy quality in SA - Where we are and where we need to be	Dr Ernst Fredericks
	UPPER GI	
09:15	Why quality matters - Post gastroscopy upper GI cancer	Dr Neo Seabi
09:30	Imaging in the upper GI Esophagus - Barrett's, adeno, squamous	Dr David Tate
Chair:	Dr Shiraz Gabriel	
	LOWER GI- COLONOSCOPY QUALITY CONTROL	
09:50	Getting to the caecum consciously	Dr John Anderson/ Dr Roland Valorie
10:50	How to improve your ADR	Dr David Tate
11:10	Decision making in colorectal polyps	Dr Vikash Lala
11:30	BRUNCH	
Chair:	Dr Uzayr Khan	
	ERCP BASICS	
12:30	Indications and complications	Dr Imraan Sardiwala
12:45	Round up and future meetings	Dr David Tate/Vikash Lala
13:00	Close	Prof Sandie Thomson



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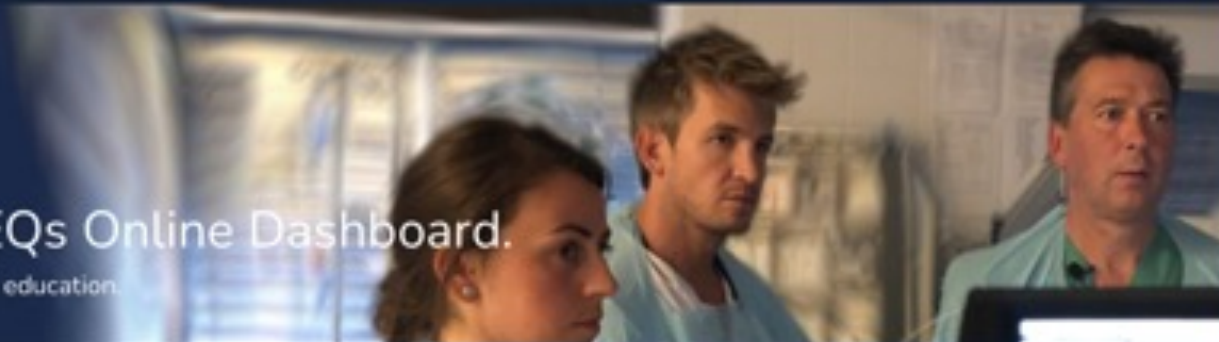
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GIEQs Online Status


Bronze Status

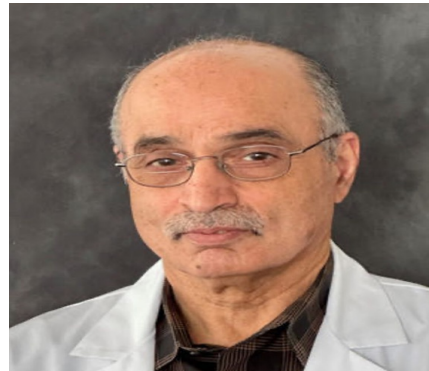
Overall Completion 1.5%



GIEQs Coin

Spend on your next GIEQs Experience

Current balance : 0 



Kulwinder Dua



Vinay Chandrasekhara



ASGE and GHASSA INTERNATIONAL SYMPOSIUM THE PRACTISE OF ENDOSCOPY

A joint symposium by the American Society of Gastroenterology and Endoscopy and the Gastroenterology and Hepatology Association of SSA
Held at DDW meeting in Chicago, Saturday 6 May 2023

Moderators: Hanna Abeera Rwanda
Akwi Asombang USA
Ganiyat Oyeleke Nigeria
Sandie Thomson South Africa

INTRODUCTIONS

10:00-10:02 May 6

Sp136: HELICOBACTER PYLORI IN AFRICA: THE AFRICAN ENIGMA

10:02-10:17 May 6

Mashiko Setshedi

Sp137: ENDOSCOPY TRAINING PROGRAM IN AFRICA USING 'BOLUS' METHOD

10:17-10:32 May 6

Akwi W Asombang

Sp138: ENDOTHERAPY IN ESOPHAGEAL CANCER: AFRICAN PRESPECTIVE

10:32-10:47 May 6

Michael M Mwachiro

Sp139: COLORECTAL CANCER IN AFRICA: EPIDEMIOLOGY, SCREENING AND SURVEILL...

10:47-11:02 May

Leolin Katsidzira

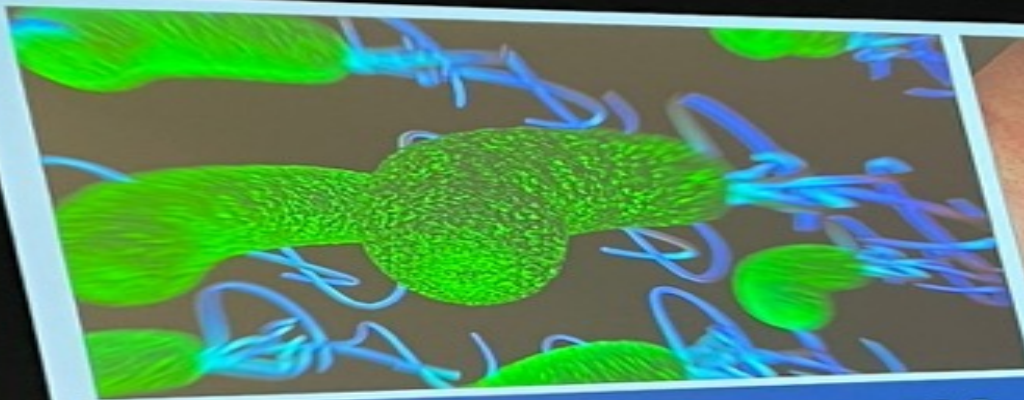
Sp140: THIRD-SPACE ENDOSCOPY: EXPANDING IN AFRICA

11:02-11:17 May 6

Ahmad aly Madkour

QUESTIONS AND ANSWERS

11:17-11:30 May 6



***Helicobacter pylori* in Africa: the African 'enigma'**

ASGE and GHASSA international
symposium: the practice of endoscopy



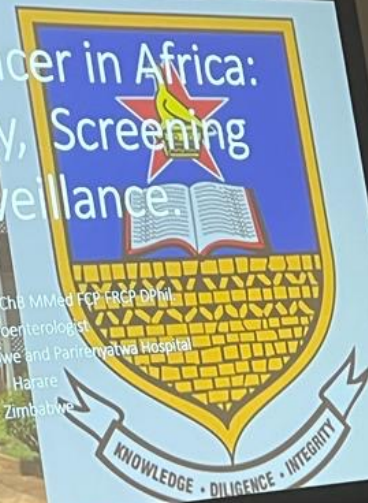
African
Helicobacter &
Microbiota
Study
Group

Mashiko Setshedi 06 May 2023



Colorectal Cancer in Africa: Epidemiology, Screening and Surveillance.

Leolin Katsidzira MChB MMed FCP FRCP DPhil
Gastroenterologist
University of Zimbabwe and Parirere-Rwa Hospital
Harare
Zimbabwe







**ASGE GHASSA ENDOSCOPY SYMPOSIUM
DDW WASHINGTON DC 2024
Proposal**

Introduction to GHASSA
Chris Kassianides South Africa

Endoscopy capacity in SSA - literature review
Leolin Katsidira - Zimbabwe

Endoscopy training in SSA
Rwanda Wisconson and GI rising
Hanna Aberra - Kigali

Ethiopia and the WEO
Hailemichel Desalegn - Addis Ababa

Nigeria and the WGO
Ganiyat Oyeleke - Lagos

Endoscopy training in SA – Bridging divides through cross border training
FELLOWSHIPS GHASSA GHECHO and GIEQs
Vikash Lala South Africa



American Society for
Gastrointestinal Endoscopy



**2023 ASGE Annual Postgraduate Course:
Clinical Challenges and Real-Time Decision Making in GI Endoscopy**

Sunday, May 7, 2023

McCormick Place, Chicago IL (HYBRID)

COURSE DIRECTORS



Vinay Chandrasekhara, MD, FASGE
Associate Professor of Medicine
Mayo Clinic
Rochester, MN



Jonathan Cohen, MD, FASGE
Clinical Professor of Medicine
NYU Grossman School of Medicine
New York, NY



Uzma D. Siddiqui, MD, FASGE
Professor of Medicine
University of Chicago
Chicago, IL



SESSION 11	SAGES/GASTRO FOUNDATION
	VENUE:
	THEME: ASGE POST GRAD COURSE
	CHAIRPERSON: Sandie Thomson/Vikash Lala
08:00 - 08:10	WELCOME ANNOUNCEMENTS GFSSA/GHASSA - Prof Kassianides ASGE - Uzma Siddiqui/Kulwinder Dua
08:10 - 08:30	UGI bleed and Lower GI Bleed Koushik Das, Andy Tau, Jennifer Christie
08:30 - 08:50	Atrophic gastritis/IM/gastric dysplasia Dysphagia and reflux: workup and management Vani Konda, Saowanee Ngamruengphong, and Ara Sahakian Speaker
08:50 - 09:10	Commonly Encountered UGI Lesions Dennis Yang
09:10 - 09:25	DEBATE: Barrett's Management + Panel discussion CUT: Peter V. Draganov ABLATE: Sachin B. Wani
09:25 - 09:35	Panel Discussion - Q&A
09:35 - 09:50	Top 10 ways to improve your basic colonoscopy performance Douglas K. Rex
09:50 - 10:05	Maximizing efficiency and success at polypectomy Roy M. Soetikno
10:05 - 10:20	"Heated" Panel Debate on Polypectomy: Can Cautery Be Eliminated? HOT - Audrey Calderwood COLD - Evelien Dekker
10:20 - 10:30	Panel discussion - Q&A
10:30 - 11:00	Tea / Brunch

SESSION 12	SAGES/GASTRO FOUNDATION
	VENUE:
	THEME: ASGE POST GRAD COURSE
	CHAIRPERSON: Dion Levin/Adam Boutall + Chris Zaidy/Martin Brand
11:00 - 11:15	Using imaging for planning resection strategy in polypectomy Michael Bourke, Rajesh Keswani, Tonya Kaltenbach
11:15 - 11:25	Real time endoscopic decision making for colon EMR Tonya R. Kaltenbach
11:25 - 11:35	Does the Data Determine Which Resection Method to Use in Polypectomy? Rajesh N. Keswani
11:35 - 11:45	Endoscopic decision making to prevent recurrence and minimize adverse events Michael J. Bourke
11:45 - 11:55	AI in Endoscopy 2023: How can it help your practice today Prateek Sharma
11:55 - 12:10	Panel Discussion - Q&A
12:10 - 12:20	Biliary Stenting Pearls for Malignant vs Benign Biliary Strictures Jeanin E. Van Hooft
12:20 - 11:30	Managing Bile Duct Stones of All Sizes Shivangi Kothari
12:30 - 12:40	Overcoming challenges in pancreaticobiliary access Gregory B. Haber
12:40 - 12:55	Panel discussion - Q&A
12:55 - 13:00	Close - ASGE Uzma Siddiqui/Kulwinder Dua
13:05 - 13:30	Close of congress Speaker



AFRICAN EXPORT-IMPORT BANK
BANQUE AFRICAINE D'IMPORT-EXPORT

Uplifting SSA Endoscopy



- Regional centers of excellence
- State versus private
 - Academic institutions
 - NGO and AU/NEPAD
 - International societies WGO/WEO
 - GIESQ's

PRIVATE SECTOR



Platinum : over R5 Million

AstraZeneca
Takeda

Gold : R1 Million – R5 Million

Abbvie
Bristol Myers Squibb Foundation
Gilead
Equity
Janssen
Medtronic
Olympus
Sandoz

Silver : R500 000 – R1 Million

Aspen
Colon Cancer Trust
Dr Reddy's
Ferring
Roche

Bronze : R100 000 – R500 000

Adcock Ingram
Cipla
Litha
Novartis
Surgical Innovations
Tecmed

Trustees

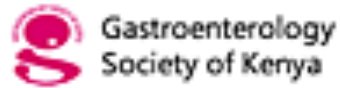


- Prof E Jonas
- Prof J Ramos
- Prof W Spearman
- Prof G Watermeyer
- Dr Bilal Bobat
- Prof G Dusheiko
- Prof C Kassianides

Emeritus trustees

Prof MC Kew (deceased)
Prof J Krige
Prof S Thomson
Prof R Ally

Bini Seale - Administrator
Bini Seale and Juliet DeSille – Cornucopia
www.gastrofoundation.co.za





DR RUPA BANERJEE

NEW BIOLOGIC MOLECULES IN IBD:
WHO, WHY AND HOW?



TAKEDA (Pty) Ltd. Reg No: 1962/01/1215/07. Building A, Monte Circle, 64 Montecasino Boulevard, Fourways, 2191. Tel: 0861 (TAKEDA) 825 332 Fax: 0861 (TAKEDA) 825 372. C-ANPROMZAVENTY0057



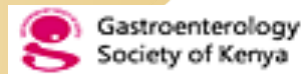
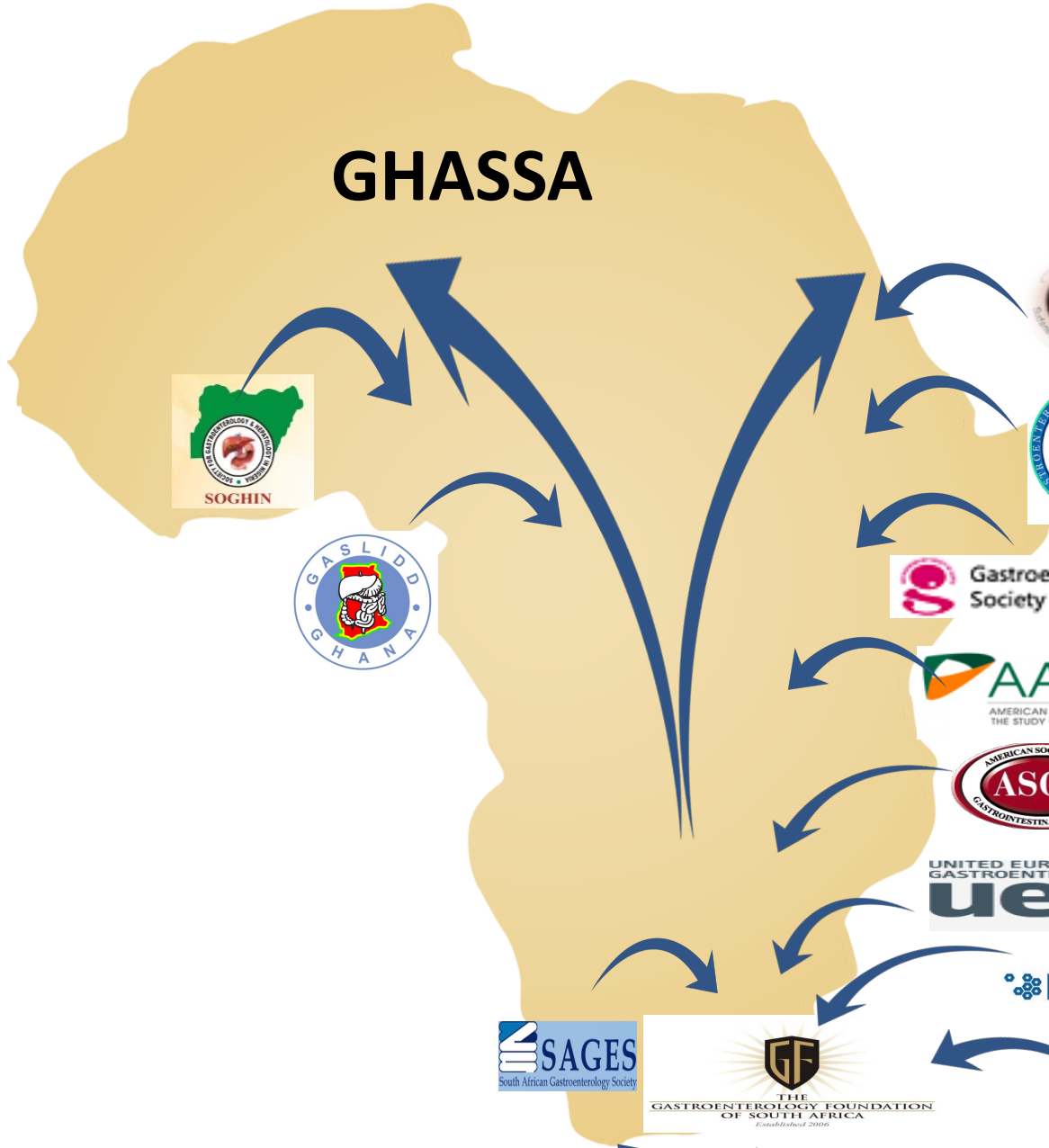


WELCOME TO THE
GASTRO FOUNDATION TWILIGHT
SYMPOSIUM AT THE SAGES CONGRESS





GHASSA



THE AGA INSTITUTE



SSA
GASTROENTEROLOGY FOUNDATION
OF SUB-SAHARAN AFRICA
— ESTABLISHED 2006 —



THE GASTROENTEROLOGY FOUNDATION
OF SOUTH AFRICA
Established 2006



SSA endoscopy 2023/24

- Endoscopy interest group meeting
- GHASSA/ASGE post grad course at SAGES
- 2 publications in progress

SSA H pylori

SSA Endoscopy

- GHASSA/ASGE symposium 2024
- GIESQ's



VIRAL HEPATITIS IN SUB-SAHARAN AFRICA
iECHO Clinic



Pre-register for Monthly iECHO Clinics
Thursday 14:30-15:30 (SAST)

24 November 2022

<i>Clinic Medical Directors</i>	Professors Wendy Spearman and Mark Sonderup
<i>Medical Specialists</i>	Burkina Faso: Alice Guinane and Team Cameroon: Christian Tzeuton and Team Ethiopia: Abate Shewaye and Team, Hailemichael Desalegn and Team Ghana: Mary Yeboah Afihene, Eileen Micah and Team Kenya: Betty Musau, Fatuma Some and Team Mozambique: Lina Brito Cunha and Team Nigeria: Fumni Lesi and Team, Chidi Nnabuchi South Africa: Chris Kassianides (Morningside Mediclinic, Johannesburg), Bilal Bobat (Wits Donald Gordon Medical Centre, Johannesburg) Tanzania: Rachel Maseke The Gambia: Gibril Ndow and Team United Kingdom: Geoff Dusheiko Zimbabwe: Leo Katsidzira
<i>Target Audience</i>	ECHO: Viral Hepatitis in sub-Saharan Africa: Spokes in Burkina Faso, Cameroon, Ethiopia, Ghana, Kenya, Mozambique, Nigeria, South Africa, Tanzania, The Gambia, United Kingdom and Zimbabwe; Midwives in SSA; ECHO staff
<i>Clinical Objectives</i>	ECHO Clinic
<i>Audio Connection</i>	Meeting ID: 81853764042 Password: 723792
<i>Video Connection</i>	Dial: 162.255.36.11 (US East) or 162.255.37.11 (US West)

Today's Agenda

<i>Time : SAST</i>	<i>Presentation</i>	<i>Presenters</i>	<i>Connection Mode</i>
14h30-15h30	Welcome	Prof Wendy Spearman	Audio/Video
14h30 – 14h45	Didactic Lecture: <i>Insights from PROLIFICA</i>	Dr Gibril Ndow	
14h45 – 15h05	Case 1: Ghana: Hepatitis B - when to treat Case 2: Ethiopia: Acute Hepatitis C	Dr Mary Afihene Dr Sisima Kornelios	
15h15 – 15h30	Discussion		Audio/Video



Endoscopy in SSA

H pylori infection





Gastro Foundation
Endoscopy Interest Group Meeting
in association with GIEQS

Saturday 10 June 2023
Gautrain Radisson Hotel, Sandton





Inaugural Liver Interest Group meeting UCT 1999

SAGES report on academic gastro-intestinal unit survey
SAMJ November 2004, Vol. 94, No. 11



“Academic gastro-enterology is not functioning well, research output is down and fewer trainees are choosing it as a career path. The South African Gastro-enterology Society (SAGES) council felt that a composite appraisal of the national problems was necessary. I was tasked.....”

Sandie R Thomson is Professor of Surgery at the Nelson R Mandela School of Medicine and Head of the Department of General Surgery and the Endoscopy Unit at Addington Hospital.



Fellows Post graduate program 2023



Gerhard Rogler



Geoff Dusheiko

SUMMARY		Registrations								Paticipations							
2022		Radiology	Path	Endo	IBD	HCC	PBM	Paeds		Radiolog	Path	Endo	IBD	HCC	PBM	Paeds	
Week 1-2	January																
Week 1-4	February																
Week 1-5	March																
Week 1 - 4	April																
Week 1 - 4	May																
Week 1 - 4	June (16th Public Holiday)		51	92			71				24	49			42		
Week 1 - 5	July	34			82	56		59		18			45	29		37	
Week 1 - 3	August		87	107	79		87	70			51	58	43		49	34	
Week 1 - 5	September		57	76	63	89					30	43	35	49			
Week 1-4	October				40	121	49	69					20	65	23	34	
Week 1 -5	November						41	39							15	24	
Week 1 -2	December																
		34	195	275	264	266	248	237	1519	18	105	150	143	143	129	129	817

13th Fellows Post Graduate Course 2022

Vineyard hotel





GHASSA 2023



2023 ECCO LECTURE GILL WATERMEYER
Copenhagen March 2023



ECHO GHASSA SYMPOSIUM LIVER CANCER
Virtual First quarter 2023

ASGE GASSA SSA ENDOSCOPY SYMPOSIUM AT THE DDW
Chicago May 2023

GHASSA WORLD HEPATITIS DAY
JHB 28 July 2023

GHASSA ASGE/HEPATOLOGY POSTGRADUATE COURSE SAGES
Pretoria August 2023

GF SSA GHASSA LIVER INTEREST GROUP MEETING
JHB Dec 2023