Pledges

Platinum : over R5 Million AstraZeneca

AstraZeneca Takeda

Gold: R1 Million - R5 Million

Abbvie Aspen

Bristol Myers Squibb Foundation

Equity
Gilead
Janssen
Medtronic
Olympus
Pfizer

Silver: R500 000 - R1 Million

Adcock Ingram
Colon Cancer Trust
Dr Reddy's
Ferring
Litho / Acino
Roche
Sandoz

Bronze: R 100 000 - R500 000

Boston Scientific Cipla Novartis Surgical Innovations

Organisers

Bini Seale
Cornucopia Communications
Tel: 021 4383344
Fax: 021 4383345
Cell: 082 442 9779
bini@global.co.za

www.gastrofoundation.co.za

The Gastro Foundation recognises and is grateful for the contribution of an educational grant from the following to fund this meeting.

























14th Gastro Foundation Weekend for Fellows

Friday 17 - Sunday 19 March 2023 Lord Charles Hotel, Somerset West

Supporting gastroenterology for the future

PROGRAMME

The Gastroenterology Foundation

Welcome to the Gastrofoundation 14th annual Fellows Post graduate course which we are hosting at the Lord Charles hotel in Somerset West this year.

This meeting, dedicated to all Gastroenterology and Hepatology fellows and Paediatric fellows in training, is held annually in the first part of the year. This year we have 57 fellows and 27 faculty members attending.

A warm welcome to Prof Gerhard Rogler, Director Department of GI Hepatology at the University of Zurich ,who joins us once again. Gerard's commitment to GI post graduate teaching in SA is very much appreciated and he has been instrumental in intitaiting our programs for POCUS - point of care ultrasound – training.

It is a also a great pleasure to welcome back to SA Prof Geoff Dusheiko, Emeritus Professor of medicine at the Royal Free and UCL and Consultant Hepatolgosist at Kings College Hospital, London. Geoff's commitment to the teaching of Hepatology and particularly to the eradication of viral hepatitis and the treatment of HCC in SSA over the last 10 years has been remarkable.

This year we introduce two new bases for fellows – one for endoscopy training and one for POCUS - and this will be a continuing focus in years to come.

Our guest speaker this year is Marianne Thamm assistant editor of the Daily Maverick - a SA journalist and author - we look forward to our interaction with her and she follows closely on the heels of the Editor - in - Chief of the Daily Maverick, Branco Brkic, who has previously joined this meeting as a visiting speaker.

I am most grateful to Bini Seale who runs the Foundation's Secretariat and who has taken over the organizing of the Post graduate Fellows program in addition to all the Foundation's activities.

Thank you to all the Foundation trustees and to Gill Watermeyer and Bilal Bobat for assisting so deftly with the program.

And its wonderful to have the Paediatric fellows back with us this year and my thanks to Dr Tim De Mayer for his assistance in this regard.

And finally to the Faculty - for their continued interest and commitment in making the annual Fellows post graduate program the success it is.

My best to you all,



Chris Kassianides Chairman

Mission Statement

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa.

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.

NOTES	

FELLOWS BASE ROTATION Medical & Upper GIT 09:00 Base 1 13.45 Base 5 Prof Reid Ally, Prof Mashiko Setshedi, Prof Reid Ally, Prof Mashiko Setshedi, Dr Galva Chinnery Dr Galya Chinnery Gastroenterology cases Gastroenterology cases Dr Bilal Bobat, Prof Geoff Dusheiko, Dr Bilal Bobat, Prof Geoff Dusheiko, Prof Wendy Spearman, Prof Mark Sonderup Prof Wendy Spearman, Prof Mark Sonderup Liver & other cases Liver & other cases Prof Gerhard Rogler Prof Gerhard Rogler IBD IBD Endoscopy station Endoscopy station Dr Vikash Lala & Prof Sandie Thomson Dr Vikash Lala & Prof Sandie Thomson Ultrasound hands-on station Ultrasound hands-on station 09:55 Base 2 14.40 Base 6 Prof Reid Allv. Prof Mashiko Setshedi. Prof Reid Ally, Prof Mashiko Setshedi, Dr Galya Chinnery Dr Galya Chinnery Gastroenterology cases Gastroenterology cases Dr Bilal Bobat, Prof Geoff Dusheiko, Dr Bilal Bobat, Prof Geoff Dusheiko, Prof Wendy Spearman, Prof Mark Sonderup Prof Wendy Spearman, Prof Mark Sonderup Liver & other cases Liver & other cases Prof Gill Watermeyer, Dr Shiraaz Gabriel Prof Gill Watermeyer, Dr Shiraaz Gabriel & Prof Gerhard Rogler & Prof Gerhard Rogler IBD IBD Endoscopy station Dr Vikash Lala & Prof Sandie Thomson Dr Vikash Lala & Prof Sandie Thomson Ultrasound hands-on station Ultrasound hands-on station 10.45 TEA 15.35 TEA 11.05 BASE 3 15.50 BASE 7 Prof Reid Ally, Prof Mashiko Setshedi, Dr Galya Chinnery Gastroenterology cases Dr Galya Chinnery Gastroenterology cases Dr Bilal Bobat, Prof Geoff Dusheiko, Dr Bilal Bobat, Prof Geoff Dusheiko, Prof Wendy Spearman & Prof Mark Sonderup Prof Wendy Spearman & Prof Mark Sonderup Liver & other cases Liver & other cases Prof Gill Watermeyer, Dr Shiraaz Gabriel Prof Gill Watermeyer, Dr Shiraaz Gabriel & Prof Gerhard Rogler & Prof Gerhard Rogler IBD **Endoscopy station Endoscopy station** Dr Vikash Lala & Prof Sandie Thomson Dr Vikash Lala & Prof Sandie Thomson Ultrasound hands-on station Ultrasound hands-on station 12.00 BASE 4 16.45 BASE 8 Prof Reid Ally, Prof Mashiko Setshedi, Dr Galya Chinnery Dr Galya Chinnery Gastroenterology cases Gastroenterology cases Dr Bilal Bobat, Prof Geoff Dusheiko, Prof Wendy Spearman & Prof Mark Sonderup Liver & other cases Dr Bilal Bobat, Prof Geoff Dusheiko, Prof Wendy Spearman & Prof Mark Sonderup Liver & other cases Prof Gill Watermeyer, Dr Shiraaz Gabriel Prof Gill Watermeyer, Dr Shiraaz Gabriel & Prof Gerhard Rogler & Prof Gerhard Rogler Endoscopy station Endoscopy station Dr Vikash Lala & Prof Sandie Thomson Dr Vikash Lala & Prof Sandie Thomson Ultrasound hands-on station Ultrasound hands-on station COLORECTAL HPB Prof Jose Ramos, Prof Jake Krige, Dr Dion Levin, Prof Ed Jonas Dr Adam Boutall & Dr Brendan Bebington Dr Sean Burmeister & Dr Stefan Hofmeyr PAEDIATRICS Dr Tim De Maayer, Dr C Hajinicolaou 12.55 LUNCH 17.35 END OF BASES

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GUEST SPEAKERS

International Guest Speaker Professor Gerhard Rogler



Gerhard Rogler (*22.07.1963) received his approbation as physician and M.D. degree from the University of Ulm, Germany in 1992 and his Ph.D. degree after studying philosophy in Ulm and Augsburg, Germany in 1996.

Since 2007 he is full professor of Gastroenterology and Hepatology at the University of Zurich. He has built up a center for IBD treatment and research.

Gerhard Rogler is head of the Department of Gastroenterology and Hepatology in Zurich since August 2017.

He has published more than 600 Pubmed-listed manuscripts including an honorary membership of the South African Society of Gastroenterology (SAGES) in 2013. Gerhard Rogler has been member of the Governing Board of the European Crohn's and Colitis Organization (ECCO) and is a member of the International Organization

of IBD Research (IOIBD) and the German Academy of Science (Leopoldina).

International Guest Speaker Professor Geoffrey Dusheiko



Geoffrey Dusheiko, FCP(SA) FRCS, is Emeritus Professor of Medicine at the Royal Free Hospital and University College London School of Medicine and Consultant Hepatologist at Kings College Hospital London, in London, UK.

After earning his MBBS degree from the University of Witwatersrand in Johannesburg, South Africa, Professor Dusheiko completed his internship at the Chris Hani Baragwanath Hospital in Johannesburg and his residency at Johannesburg Hospital. His fellowships were conducted at the Johannesburg Hospital Liver Unit and the National Institutes of Health, Maryland, and the University of Minnesota, USA.

Professor Dusheiko's research interests include the management and treatment of HCV and HBV and small hepatocellular carcinoma; he has a special interest in research on viral hepatitis, especially viral genotyping, applied molecular virology, the natural history of chronic viral hepatitis and antiviral therapies. A member of several organisations, including EASL, AASLD and IASL, Professor Dusheiko is also a Fellow of the Royal College of Physicians, the Royal College of Physicians of South Africa, and the Royal College of Physicians of Edinburgh.

He is a co-editor of Alimentary Pharmacology and Therapeutics, and has previously served on editorial boards for the Journal of Viral Hepatitis, Hepatology, Best Practice & Research Clinical Gastroenterology, and Gut among others. Professor Dusheiko has authored or co-authored more than 500 articles in international peer-reviewed journals or books.

Guest Speaker Marianne Thamm



Marianne Thamm is a South African journalist, author and stand-up comedian. She is the assistant editor of the Daily Maverick and has written several books. In 2016 she released the memoir, Hitler, Verwoerd, Mandela and me.

Thamm was born in England where her German father had been a prisoner of war and met Thamm's mother, a Portuguese domestic worker.

Thamm describes herself as a "half-Portuguese, half-German, recovering Roman Catholic atheist lesbian immigrant"

She lives in Cape Town with her partner and two daughters.

FRIDAY 17 March 2023

LUNCH / MOSQUE 12:30

Welcome

Prof Gill Watermeyer & Prof Eduard Jonas

Venue: Somerset 2 & 3

18.15 Dinner at the conference venue,

14.00	Medical and Colorectal and upper GIT Venue: Somerset 2 & 3 Acute Liver failure Dr Bilal Bobat	14.00	HPB Venue: Somerset 1 Surgery after neo-adjuvant therapy in pancreatic cancer Prof Jose Ramos
14.15	New therapies in IBD Prof Gerhard Rogler	14.20	Cystic lesions of the pancreas Dr Sean Burmeister
14.30	An approach to chronic diarrhea Dr Sabelo Hlatswayo	14.40	Treatment options for oesophageal and gastric varices
14.45	Upper GIT dilatations Dr Galya Chinnery		Prof Marc Bernon
15.00	Tea break	15.00	Tea break
15.15	CRC screening and surveillance Dr Shiraaz Gabriel	15.10	Treatment of benign liver tumours Dr Stefan Hofmeyr
15.35	An approach to Dyspepsia Dr Dion Levin	15.30	Management of colorectal cancer liver metastases Prof Ed Jonas
16.15	Evidence based medicine and critical appraisal Prof Reid Ally	15.50	Step-up approach for the management of pancreatic necrosis Dr Sean Burmeister
17.00	Hotel check in		
17.30	Quiz: Dr Adam Boutall and Dr Dion Levin Venue: Somerset 2 & 3		

SATURDAY 18 March 2023

Early morning walk / run then breakfast Meet in the hotel foyer 06:30

Venue: Somerset 2 & 3

08:30 Introduction to bases

08:40	Intestinal Ultrasound	Prof Gerhard F	Rogler	
	Medical and upper GIT	Colorectal	НРВ	Paeds
9.00	Base 1 Gastroenterology cases Prof Reid Ally Prof Mashiko Setshedi Dr Galya Chinnery	Dr Dion Levin Dr Adam Boutall Dr Brendan Bebington	Prof Jose Ramos Prof Jake Krige Prof Ed Jonas Dr Sean Burmeister Dr Stefan Hofmeyr	Dr Tim De Maayer Dr C Hajinicolaou Dr Penny Rose Dr Ronalda de Lacy
	Liver & other cases Dr Bilal Bobat Prof Wendy Spearman Prof Mark Sonderup Prof Geoff Dusheiko			
	IBD Prof Gill Watermeyer Prof Gerhard Rogler Dr Shiraaz Gabriel			
	Endoscopy station Dr Vikash Lala Prof Sandie Thomson			
	Ultrasound hands-on station Phillips			
9.55	Base 2			
10.45	Tea			
11.05	Base 3			
12.00	Base 4			
12.50	Lunch			
13.45	Base 5			
14.40	Base 6			
15.35	Теа			
15.50	Base 7			
16.45	Base 8			
17.35	End of bases			

SATURDAY 18 March 2023 continued

17.35 Group photo on the front stairs of the hotel

foyer

17.50 Refreshment break

Venue: Somerset 2 & 3

18.00 Introduction to the

Gastrofoundation Prof C Kassianides

Guest lecture Marianne Thamm Chairman Dr Bilal Bobat

19.00 Dinner

SUNDAY 19 March 2023

8.30 Endoscopy quiz Dr Galya Chinnery Venue: Somerset 2 & 3

9.30 Masterclass in Clinical Nutrition Ms Heather Harmsen

10.30 **Tea**

11.00 Critical Quest 1 & 2 Prof Mashiko Setshedi & Prof Reid Ally

Prof Mashiko Setshedi

Prof Mark Sonderup

12.30 Feedback & Close Dr Bilal Bobat, and thanks to the supporting trade.

End

FACULTY

Gastro Foundation Chairman

Prof Chris Kassianides

Trustees	Honorary Faculty
Prof Reid Ally	Prof Marc Bernon
Dr Bilal Bobat	Dr Brendan Bebington
Prof Geoff Dusheiko	Dr Adan Boutall
Prof Eduard Jonas	Dr Sean Burmeister
Prof Jake Krige	Dr Galya Chinnery
Prof Jose Ramos	Dr Shiraaz Gabriel
Prof Wendy Spearman	Ms Heather Harmsen
Prof Sandie Thomson	Dr Sabelo Hlatswayo
Prof Gill Watermeyer	Dr Stefan Hofmeyr
	Dr Vikash Lala
	Dr Dion Levin
	Prof Gerhard Rogler

Honorary Faculty Paediatrics

Dr Ronalda de Lacy Dr Tim de Maayer Dr Christina Hajinicoaou Dr Penny Rose

BASE TEAMS

MEDICAL MEDICAL Team 1 Team 2 YELLOW GREEN

Dr Barbara Makumbi Dr Modise Mokone Dr Desiree Moodley Dr Petudzai Muchichwa Dr Innocent Francis Dr Sipho Nkanlalalana Dr Sandy Mosenye
Dr Liz Gatley
Dr Dale Peterson
Dr Yonela Qubekile
Dr Shaun Temmers
Dr Nasief van der Schyff
Dr Jessica Wing

MEDICAL Team 3 ORANGE MEDICAL Team 4 PURPLE

Dr Badreldin Abdalla Dr Joseph Adebiyi Dr Hassan Ali Dr Gillian Gaskin Dr Isneen Hilmy Dr Lawrence Kwape Dr Siyanda Mahlasela Dr Siphiwosethu Nkomo Dr Matt Scriba Dr Dominic Mutura Dr Rahm Makan Dr Hadi Omar Dr Aslam Parker

COLORECTAL	HPB	PAEDADIATRICS
Team 4	Team 5	Team 6
BLUE	RED	PINK

Dr Kavitha Chetty Dr Shakeel Kader Dr Nicola MacRobert Dr Alex Mwihaki Dr Nishlin Naidoo Dr Meggan Peffer Dr Mpho Ramabulana Dr Zubeir Salie Dr Vuyo Soldati Dr Gert van der Merwe

Dr Muaz Ahmed
Dr Ahmed Ali
Dr Haytham Bayadsi
Dr A Beleel
Dr Avishkar Gurunand
Dr Vusi Kumalo
Dr Helgard Marais
Dr Kimisha Singh
Dr Mfundo Sithole
Dr Sanju Sobnach
Dr Andries Steenkamp
Dr Wanga Mtimkulu
Dr Ntuthuko Ntanzi

Dr Abdelsalam Ahmed Dr E Elkhatiali Dr Nhalakanipho Mangeni Dr Tshepang Mokoto Dr One Mokwatlo Dr Yolanda Monteiro Dr Vusie Mudau Dr Nisha Naka